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boost your big data iq gain insight into how to govern and consume ibm s unique in motion and at rest big data analytic capabilities big data represents a new era of computing an inflection point of opportunity where data in any format may be explored and utilized for breakthrough insights whether that data is in place in motion or at rest ibm is uniquely positioned to help clients navigate this transformation this book reveals how ibm is infusing open source big data technologies with ibm innovation that manifest in a platform capable of changing the game the four defining characteristics of big data volume variety velocity and veracity are discussed you ll understand how ibm is fully committed to hadoop and integrating it into the enterprise hear about how organizations are taking inventories of their existing big data assets with search capabilities that help organizations discover what they could already know and extend their reach into new data territories for unprecedented model accuracy and discovery in this book you will also learn not just about the technologies that make up the ibm big data platform but when to leverage its purpose built engines for analytics on data in motion and data at rest and you ll gain an understanding of how and when to govern big data and how ibm s industry leading infosphere integration and governance portfolio helps you understand govern and effectively utilize big data industry use cases are also included in this practical guide developed from powerful techniques consistently proven in the world of multi million pound commercial bid writing persuasive writing reveals the most efficient and effective ways to make your words work time after time discover how to transform any document into something truly compelling and persuasive understand what your reader really wants to hear and use this to get what you want combine logic and emotion to convince even the most sceptical reader whether you re writing for business or for pleasure the longest document or the shortest email with these and many more proven techniques persuasive writing will ensure every word works for you hello i my name is gary jones harris founder of shu ha ri do martial arts my martial arts is based on biblical principles of love patience kindness honor protecting others and wisdom before combat inside the human body is an incredible god given power that is seldom mastered and easily manipulated by external influences unification of body mind and spirit allows you to harness and channel this power in a godly direction this is the path to true positive self expression within this book are formulas that will stimulate provoke and encourage you on your journey to self mastery under the will of god through jesus learn about the power of true positive self expression learn the vital concepts of enemy becomes ally learn why the concept of self empowerment divine endowment is the basis for it all jason werner received the grace of god and was powerfully converted by christ may 2000 in a heartfelt moment of surrender as a former atheist jason now lives to make the living christ known and to manifest his goodness to all who would hear as a breathing testimony of god s covenant promises jason shares biblical teaching with his relatable stories to make the truths of god within the grasp of everyone in this book jason teaches how to lay hold of the tremendous benefits we have in christ healing finances peace and power all through the truth and understanding that it is not about what we do but what christ has done the universe is filled with incredible power over the last century alone combustion electricity and lift have completely altered the course of humanity these and other forces have taken us to the moon and beyond at the same time they have laid waste to entire cities and abruptly ended millions of lives one force among these has the ability to control them all ironically it is the most powerful yet the least understood as with fire this awesome power can only be controlled when you understand the basics of how it works like electricity it can do things that you thought were impossible and similar to lift it can send you flying through the clouds to heights you never imagined once you learn the basics you won t need to freak out any more over control anything you want will be within reach without the use of force deception bribery or any other form of manipulation if you re not already living your dreams it s because something is short circuiting your ability to harness this great power come with me and we ll find out what it is let your journey of discovery begin now combining the rational logical instincts of the left brain with the passionate and artful skills of the right brain this book offers a leadership approach that is both highly effective and deeply inspirational perfect for anyone assuming a leadership position it presents simple solutions on such topics as effective collaboration achieving goals leadership styles team building inspiring people to success and more be happier healthier and more passionate it s easy when you re attuned to the pure power of the universe known as cosmic energy renowned psychic anne jirsch teaches you how to connect with this natural creative force and use it to transform your life using inspiring research client success stories and experiences from her own
life jirsch explains a variety of ways to tap into cosmic energy from visualisation and thought field therapy to her pioneering etheric energy practices once you ve mastered these simple yet highly effective techniques you can immediately begin to create the life you ve always wanted attract positive people into your life raise your love vibration to attract your soul mate or add passion to your current romantic partnership manifest wealth and abundance discover your life s purpose and make your dreams come true create your own perfect healing space to clear stress create balance and energize your entire being praise jirsch has taken complicated and abstract ideas and turned them into user friendly concepts and techniques the results will be life changing paul mckenna best selling author of change your life in 7 days a well organized and inspirational guide to making your dreams come true true dell horoscope cosmic energy is a safe bet for those customers who enter your store with hesitation and wander around looking lost or overwhelmed the book is a bit like finding an old friend who can explain it all to you new age retailer in an effort to move away from our dependence on fossil fuels scientists and engineers have discovered ways to harness the power of the sun to create electricity this fact filled book explores solar energy through a stem perspective students will learn how energy from the sun travels millions of miles through space to power our lives here on earth the pros and cons of using solar energy are discussed in detail dazzling full color photographs encourage students to make connections with the text and will keep even reluctant readers engaged when will success and happiness give a f ck about you why do many of us painstakingly pay misery to the perplexing social laws how to stop whining start weaning and eventually win i hope we will fumble together in this intoxication let s put up your dukes a very helpful book and a must read daniel g amen md founder amen clinics and new york times bestselling author of your brain is always listening learn how to overcome anxiety by transforming it from an obstacle into an advantage nervous energy is something many of us are familiar with it s the urge to double check our work to create a tidy strategy for an overwhelming goal or make a to do list and tick every box neatly but when work and life become more complex and unpredictable when there isn t a straightforward to do list or clear step by step solution this nervous energy can spiral into anxiety and stress becoming a roadblock to success instead of merely trying to overcome anxiety dr chloe carmichael uses a combination of storytelling and step by step directions to share nine powerful tools that help you harness this energy in a productive way based on her years of experience helping patients change their anxiety from a setback into an advantage nervous energy offers a breakdown of three common nervous energy profiles step by step directions for implementing each of the nine tools in your life exercises charts and worksheets real life stories and examples of people overcoming anxiety with these tools a must read for anyone feeling trapped by stress and anxiety nervous energy is a practical guide to transforming anxiety and nervous energy into a powerful positive force a brief yet detailed look into the world of human frequency you re about to discover i want to take this opportunity to thank you for downloading the book frequency for healing intuition and confidence this book contains proven steps and strategies on how to harness the power of human frequency human frequency basically influences almost every aspect of our lives we are constantly vibrating at a particular frequency this frequency is highly controllable if you become more aware of it if we learn how to control or leverage our frequency we could potentially see dramatic changes in our daily living this book will teach you all that you need to know about our human frequency the main focus of this book is on yourself it teaches you how to control yourself so that you can connect to the universal vibration this has major benefits when it comes to using techniques such as the law of attraction frequency can also aid in healing and just being a better version of yourself it takes a really deep thinker to explore the possibilities of topics such as this it shows that you want to go beyond what is commonly known to everyone therefore i m glad that you have interest in this book explore it further to benefit from what it can offer you here is a preview of what you will learn what is human frequency the need and importance of frequency how to combine frequency with other aspects frequency and the universal vibration tools to focus yourself and harness the power of frequency taking control of your life today the sorites principle how to harness the power of perseverance is a powerful unification of tips tricks and techniques on how to achieve great things via small efforts so do you want to lose weight learn a new language become a film director or just keep your home neat and tidy then the sorites principle is just what you need sub conscious mind harness the power of your sub conscious mind to reach your goals and dreams did you know that your sub conscious can make a profound and deeply rooted change in your life if you only know how to use it it can turn your life around make it better or change your circumstances into the reality that you have always wanted this is exactly what the book sub conscious mind harness the power of your sub conscious mind to reach your goals and dreams is all about it provides you with the 8 simple tips and tricks to help you tap into your sub conscious which is the first thing you need to do if you want to program or re wire it once you have established a communication link to your sub consciousness you can then create new programs and patterns in just 4 easy ways the sub conscious part of your mind is a very powerful area that stores all your memories and past experiences if you can harness its treasure trove of information you can achieve whatever you dream of do you want to enjoy a better life than what you already have let your sub conscious help this is because the way you work or make money has a close link to it identifying the reasons and causes that you are in the same mediocre situation have something to do with whatever is stored in your sub conscious mind so go ahead learn how to tap into and then re wire it the secrets of reading people have been unleashed in this book what if you could walk into a room and know what others are thinking have you ever wondered why some people seem to get everything they
ask for and how people tend to be drawn to them this kind of skill is not only useful in business interactions but it could also be a life changer if you want to improve your life and get better at managing relationships then keep reading upon meeting someone for the first time it can be hard to work out what kind of person they are reading people is a powerful way to realize people s intentions figure out who is sincere manage relationships and much more the ability to read a person gives us a massive advantage in business love and life you might be on a date in a business meeting or in a negotiation and wish you to know how to read the other people these abilities might seem like they re straight out of a superhero movie but the truth is that with the right knowledge you can get a glimpse into a person s mind and know what they re really thinking imagine a life where you can easily read people in this book you will discover master the psychology behind how to read people never be left wondering what others are thinking ever again discover the building blocks of every personality decode the body language of the people around you excel at business social interactions master your superhuman intuition improve your confidence attractiveness success identify the 3 ways you are being manipulated unleash your psychic within close a profitable deal using the art of persuasion leave people stunned confused and much much more so if you want to discover the secrets to reading people improve your life and have better relationships scroll up and click add to cart i love this book strong clever intelligent advice with soul mary portas a wonderful look at how to transform our homes to be more mindfully aligned with our true nature and a reflection of who we are farne cotton a happy home is a fundamental building block of happiness and michelle s book is an essential step by step guide to creating a home we love arianna huffington founder ceo thrive global a must have read for anyone looking to improve not just their home but also their quality of life within it matthew williamson be happier healthier and more empowered with michelle ogundehin s step by step practical guide to creating a home that supports your well being whether that home is owned or rented small or large and regardless of how much money you have happy inside shows you how to harness its potential in pursuit of becoming your best self if you want to feel calm content soothed or energized you must begin with what surrounds you this comprehensive guide covers everything from how to create more light and space to how to get a good night s sleep the path to a perfect sofa and why a dining table is your most vital piece of furniture plus how to decorate to promote joy the importance of play and circular side tables your definitive capsule kitchen kit and why your hallway is where it all starts combining michelle s knowledge of buddhist philosophy mindfulness colour psychology and good design happy inside is your one stop guide to living well welcome to the healthy home revolution engaging stakeholders on projects provides an in depth examination of the topic covered in the apm body of knowledge 7th edition it gives project professionals detailed tips tools and practical steps to help improve ways of working and shows how harnessing the power of people is key to improving project success your life is dominated by your unconscious mind by thoughts you re unaware of and movements you don t realise you are making words colours mannerisms and other cues you don t realise are affecting you change what you think the confidence you have in your ability to reason and to consciously choose what to do is caused by a series of illusions that scientists are only just beginning to understand the discovery of these illusions will change the way we see ourselves more than the discoveries of darwin and copernicus unthink explores the unconscious decisions we make and covers a variety of topics ranging from how we choose politicians and romantic partners to more abstract subjects such as whether we can consciously decide to move our fingers the counter intuitive observations that chris makes in the book include if you want someone to fancy you wear red and meet them somewhere frightening when waitresses repeat customers orders back to them instead of just saying yes they receive bigger tips to reduce your shopping bill start at the beer and snacks end of the store and work backwards if you sit someone in an upright chair when you give them good news they will be prouder of their achievements having a picture of your family on your desk might make you work harder but you ll be rattier when you get home chris paley shows us how we can understand ourselves and others better by having a greater understanding of the way that the unconscious mind has an impact of the way we live our lives harness the power of mentoring how to find and work with the right mentor a guide for the solopreneur imagine being a successful solopreneur although most people have the drive and passion few have the full set of personal attributes skills and experience that running a business requires that s the main reason more than half of all small business start ups fail in their first five years of operation this tells us that what small business owners need is help from someone who has been there done that someone who can help them plan their entrepreneurial journey gain confidence mature in their thinking and decision making learn from mistakes a mentor no one needs that help more than the solopreneur who is someone in business on their own a special type of business person they differ from other entrepreneurs in many key areas business practices mindset and objectives to name a few they prefer to work alone and often don t intend to add anyone else to the business they tend to focus on perfecting their skill as specialists if they don t do it doesn t get done harness the power of mentoring speaks directly to the solopreneur it makes sense that most solopreneurs are in dire need of a mentor but not just any mentor they need mentors who understand the special case of the solopreneur this concise and practical book is the first to provide guidance to the solopreneur so that they too can benefit from the right mentor one who understands their special needs and can help them achieve their goals you will discover what makes a solopreneur different from conventional entrepreneurs in their mindset attitude goals and business practices how to find the right mentor for you how to plan your mentorship and business concept how to have difficult crucial
introvert author michaela chung demonstrates that you no longer have to forcefully push yourself outward into the world against your nature but can rather magnetize. this mini manifesto shows introverts how to master the art of quiet magnetism in a noisy world. no gregariousness required within these pages you’ll discover how to shed and uncover your unique way of influencing others. just as powerful in their own unique ways the irresistible introvert embodies the spirit of this revival and breaks down the myth that charisma is reserved for extroverts only. spotlights and authority figures are assertive it is no surprise that a quiet revolution has begun to emerge among the invisible half of the population asserting that they are americans are introverts in a culture that celebrates even enforces an ideal of extroversion and a cult of personality. political leaders are charismatic celebrities bask in the adulation while politicians are dismissed as non-charismatic.”

“templates to download crystal grids power is an indispensable guide to the magical world of crystal grids. this enlightening book contains everything you need to know and much more. contains 34 crystal grids for all areas of your life. clearly illustrated with diagrams and step by step instructions. the meaning of sacred geometry shapes and symbols explained learn three different ways to activate your crystal grids. helpful substitute crystals are given for every grid. includes free printable crystal grid templates to download. crystal grids power is filled with tips and techniques to supercharge your grids. access simple to advanced crystal grids and learn how to create your own. includes powerful crystal grids for abundance, prosperity, psychic protection, personal distant healing, success, relationships, increased energy, motivation, and many more.

the power to change gives readers the permission to feel emotional and have doubts and fears about change it provides a range of techniques to put change into perspective and allows readers to embrace and prosper from the challenges it presents. your mind is the key to all that you want in life. a bold statement, no doubt, but one that i aim to prove with this book. in mind is the master. you will learn different techniques to program your mind for success in all that you do. how to set up the right mindset to get the most out of life. how your mind functions and works so you can make use of the most powerful instrument on earth. the three laws that the mind operates by. how to shape your own reality to your will. and that’s just the beginning. ask any successful person what sets them apart and you will hear the answer: mindset. mind is truly the master and mindset is all there is. no better use of your time than figuring out how to make use of the greatest gift that was given to you. this new book from bestselling author susan nolen hoeksema helps women to discover develop and harness their distinct psychological and social strengths so that they can build their confidence and achieve their full potential in all aspects of their lives. the author believes that women are generally extremely hard on themselves. they concentrate on their flaws and shortcomings trying all the time to fix problems that no one else can see. in her 25 years research, reveals that women have exceptional skills and despite being ignored or dismissed over the millennia have shown that they can be superb leaders. entrepreneurs and innovators. women do much more right than they do wrong. using the latest thinking in cognitive and behavioural therapy. motivating case histories and easy to follow exercises. susan nolen hoeksema introduces a new programme for step by step change. she helps women to understand what is holding them back and inspires them to transform their lives. their work and their relationships. an essential guide to crystal grids are you ready to tap into the healing energy and creative power of crystals? discover how to harness the power of crystals and sacred geometry to amplify your intentions. focus your mind and manifest positive change in your life. in this comprehensive and practical guide you will learn how to make and activate crystal grids for yourself others and your home. explore the fascinating history and symbolism behind crystal grids. learn how and why crystal grids work. ethan lazerini uses over 20 years experience with crystals to formulate 34 intention based crystal grids. for every purpose no more secrets. this no 1 bestselling book will demystify the world of crystal grids.

the world of crystal grids learn exactly why each different crystal is used and the reason every geometric shape was chosen for each grid. crystal grids power is filled with tips and techniques to supercharge your grids. access simple to advanced crystal grids and learn how to create your own. includes powerful crystal grids for abundance, prosperity, psychic protection, personal distant healing, success, relationships, increased energy, motivation, and many more.

conversations with your mentor. how to evaluate your progress and how to know when it is time to move on. this book is the first of four books in the business mentoring solution series that focus on mentoring the solopreneur and is complemented by an accompanying planner journal and tips booklet. wouldn’t you love to learn how to lose worry and the false sense of unworthiness to make your greatest dreams come true? learn how to harness the power of happiness to create the life you want. learn how to free yourself from anxiety and depression and live in freedom and abundance. from now on you will even learn the secret solution to every problem. it’s packed with powerful self-liberating truths. highly commended business book awards 2021 change sustainability now more than ever we work the way we live. even how long we live is changing at rapid pace. and only those who can embrace everything that s going on and reinvent themselves will survive and thrive. the power to change teaches you how to do just that. yet change is good. change is tough. most of us feel utterly powerless when confronted by it but it doesn’t have to be this way. the power to change will help you harness difficult situations and see new opportunities. the power to change does more than simply enable you just to cope with change. it gives you the tools and approaches to embrace and celebrate change written by award winning author campbell macpherson. this book provides a genuinely unique approach to celebrating change that will resonate with readers no matter what sort of change they have to confront. the power to change gives readers the permission to feel emotional and have doubts and fears about change.

it provides a range of techniques to put change into perspective and allows readers to embrace and prosper from the challenges it presents. your mind is the key to all that you want in life. a bold statement, no doubt, but one that i aim to prove with this book. in mind is the master. you will learn different techniques to program your mind for success in all that you do. how to set up the right mindset to get the most out of life. how your mind functions and works so you can make use of the most powerful instrument on earth. the three laws that the mind operates by. how to shape your own reality to your will. and that’s just the beginning. ask any successful person what sets them apart and you will hear the answer: mindset. mind is truly the master and mindset is all there is. no better use of your time than figuring out how to make use of the greatest gift that was given to you. it is the master today. this new book from bestselling author susan nolen hoeksema helps women to discover develop and harness their distinct psychological and social strengths so that they can build their confidence and achieve their full potential in all aspects of their lives. the author believes that women are generally extremely hard on themselves. they concentrate on their flaws and shortcomings trying all the time to fix problems that no one else can see. in her 25 years research, reveals that women have exceptional skills and despite being ignored or dismissed over the millennia have shown that they can be superb leaders. entrepreneurs and innovators. women do much more right than they do wrong. using the latest thinking in cognitive and behavioural therapy. motivating case histories and easy to follow exercises. susan nolen hoeksema introduces a new programme for step by step change. she helps women to understand what is holding them back and inspires them to transform their lives. their work and their relationships.

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people inward toward the true you in the process you'll learn to embrace your innie life and discover potential you never knew you had a game changing self development book from the world's leading virtuologists transform your life by harnessing the power of your virtues starting here and now most people believe that to be successful and prosperous they need more skills knowledge technologies capital and connections to name just a few but world renowned virtues experts talidari have made a breakthrough by discovering another simpler way drawing on a decade of scientific research and envelopment they know that real transformation and breakthroughs come from raising our consciousness which is done by virtues you can have the highest education know everything there is to know be multitalented skilled equipped and take action all day long but if you don't apply certain virtues all that will be in vain all your assets have no value and could be even contra productive if they are not leveraged by virtues such as responsibility resourcefulness flexibility perseverance resoluteness determination dedication resilience consistency self confidence faith non religious credibility trustworthiness trustfulness reliability love compassion gratitude generosity authenticity self initiative self discipline courage patience integrity creativity diligence etc the reason why most people who are highly educated skilled and gifted are not efficient enough or successful in achieving their goals privately and professionally is because their weaknesses have the advantage over their strengths they allow their liabilities to gain the upper hand over their assets often choosing flaws and vices over their virtues we are all subject to the law of polarity having both positive and negative traits virtues and flaws and the ones who achieve lasting success in anything are those who have the advantage over own liabilities virtues are key assets while flaws are major liabilities and virtueology takes care of the suitable ratio between the two in this ground breaking interdisciplinary book talidari reveal exactly how virtues can serve as means of empowerment for life changing outcomes it will astonish you it will invigorate you it will make you think in ways you have not thought before it's like going to a truth buffet virtueology embodies the idea that virtues are the means for excellence success happiness wealth health popularity growth and progress it will assure you that the degree of your well being is in proportion to the degree to which you cultivate your virtues this is the empowering account of human virtues and the science underpinning the biggest question of all what is the secret to getting really really great life find all the answers in this colossal volume now and feel excited to be at the forefront of something that will fundamentally change the way humans live virtueology offers a new way to be in the world a new frame of reference it will help you harness the power of virtues and raise your consciousness to the modes that make achieving all your goals possible easy and simple contrary to conventional wisdom about what makes a good negotiator namely being aggressive and unemotional in bring yourself mori taheripour offers a radically different perspective in her own life and in her more than fifteen years of experience teaching negotiation she has found that the best negotiators are empathetic curious and present the essence of bargaining isn't the transaction but rather the conversation and human connection it is when we bring our whole authentic selves to the table that we can advocate for ourselves fearlessly and find creative solutions that benefit everyone bring yourself explains how your pressure points personal experience and even your cultural expectations can become roadblocks to finding common ground and it offers essential strategies to move beyond them and open your mind with eye opening and empowering stories throughout bring yourself helps readers gain the confidence they need to achieve their goals in work and in life timely and provocative this paradigm shifting book can transform our world and the way we work together ron nash shows how to replace whatever with whatever it takes through this professional development program focused on individual reflection includes examples from successful schools nationwide one of three classic reissues by the mega selling author of the power of your subconscious mind to inaugurate tarcherperigee's exciting new line the joseph murphy library of success in this practical guide joseph murphy shows you a simple way to harness the cosmic power hidden within to achieve physical spiritual and career success the secrets of this life changing art are spelled out simply and clearly drawing upon both eastern and western cultures for special techniques and prayers you will discover how to tap into the power you already possess to heal make decisions and attain your life long goals what would you do if you knew you could pick yourself up and easily carry on if things don't work out have you ever wondered how some people are able to bounce back quickly while others can't now you can learn techniques that will give you the power and mental strength to be resilient resilience is a learnable skill with its basis in healthy self esteem optimism and belief in yourself resilient individuals have better lives they recover faster from heartache they have more successful careers and they are physically and mentally healthier resilience can prevent and cure ptsd once you develop resilience your automatic response to everything you experience will be less stressful than it is now our habits of thought determine how we respond to the events of our life from microaggressions to trauma job loss to divorce death disability defeat on the sports field and even defeat at the ballot box learning skills based resilience puts you in charge of your response suffering is optional the response we choose can make us suffer or empower us with determination to overcome any adversity less stress means more fun and more confidence imagine being fearless because you know you will be able to be happy even if things don't turn out exactly the way you want them to imagine what it is like to move through life not worrying about what others think or say about you because their opinions don't have the power to make you feel bad you deserve a life you enjoy it's up to you no one can shield you from life's ups and downs but resilient thinking makes it easier to keep going and easier to have fun along the way resilience makes life easier be ready for life prepare for the unexpected trust yourself to thrive under any conditions shortlisted business book
awards 2022 international business book category category silver winner axiom awards 2022 business commentary category the greatest challenge facing leaders is activating and actioning purpose based brands to the people who matter inside the company and out recent statistics prove that more than 87 of consumers would purchase a product because a company advocated for an issue they cared about and more than two thirds would refuse to do so if the company supported an issue contrary to their beliefs we live in an age of activism the conscious consumer is more socially aware than ever before and this is reflected in their buying habits yet activism on behalf of brands is lagging while many claim to be purpose driven far too often this purpose is relegated to a plaque above the ceo s desk and never goes any further or worse the purpose is transparently used as a marketing ploy but never acted upon in any real way activate brand purpose shows readers how to transform their brand s purpose into meaningful action by sparking a company wide cultural movement beginning internally and permeating externally regardless of whether your purpose is lofty and socially conscious or all business focus on galvanizing people and they will respond if you can prove that you care about that purpose and that you re working to realize it rather than simply chasing the next dollar this book contains a clearly explained proven framework that will make this happen do you want to make average performance great and significantly improve the behavior and skills of an individual or organization then harness the power of coaching this issue will show you how to drive performance development by making it a fundamental part of your organization s culture a five step method ensures your efforts move in the right direction and produce results included are sidebars mapping coaching events assessing the learning needs of coaches and a coaching evaluation questionnaire job aid s renee smith is a renowned self esteem branding and communication expert speaker life and business coach and resource to the media she has worked with over 100 corporate government and non profit clients in ten different industries she is sought after for her ability to shatter old beliefs and mental constructs closing the gaps in the minds of audiences regarding how they see themselves their careers and their abilities to achieve success s renee has reinvented herself to work in corporate entertainment academia and self development industries by her early thirties she had earned a seat at the table in the boardroom with senior leaders advising them on image management matters one of america s go to experts her insights have been featured in entrepreneur shape woman s world and other magazines and on marketing daily and many other websites plus she has made countless radio and television appearances s renee is the author of four popular books there is more inside personal essentials needed for living a power packed life the bridge to your brand likability marketability credibility our hearts wonder prayers to heal your heart and calm your soul and 5 steps to assertiveness how to develop performance development by making it a fundamental part of your organization s culture a five step method ensures your efforts move in the right direction and produce results included are sidebars mapping coaching events assessing the learning needs of coaches and a coaching evaluation questionnaire job aid s renee smith is a renowned self esteem branding and communication expert speaker life and business coach and resource to the media she has worked with over 100 corporate government and non profit clients in ten different industries she is sought after for her ability to shatter old beliefs and mental constructs closing the gaps in the minds of audiences regarding how they see themselves their careers and their abilities to achieve success s renee has reinvented herself to work in corporate entertainment academia and self development industries by her early thirties she had earned a seat at the table in the boardroom with senior leaders advising them on image management matters one of america s go to experts her insights have been featured in entrepreneur shape woman s world and other magazines and on marketing daily and many other websites plus she has made countless radio and television appearances s renee is the author of four popular books there is more inside personal essentials needed for living a power packed life the bridge to your brand likability marketability credibility our hearts wonder prayers to heal your heart and calm your soul and 5 steps to assertiveness how to develop resilience is a learnable skill with its basis in healthy self esteem optimism and belief in yourself resilient individuals have better lives they recover faster from heartache they have more successful careers and they are physically and mentally healthier resilience can prevent and cure ptsd once you develop resilience your automatic response to everything you experience will be less stressful than it is now our habits of thought determine how we respond to the events of our life from microaggressions to trauma job loss to divorce death disability defeat on the sports field and even defeat at the ballot box learning skills based resilience puts you in charge of your response suffering is optional the response we choose can make us suffer or empower us with determination to overcome any adversity less stress means more fun and more confidence imagine being fearless because you know you will be able to be happy even if things don t turn out exactly the way you want them to imagine what it is like to move through life not worrying about what others think or say about you because their opinions don t have the power to make you feel bad you deserve a life you enjoy it s up to you no one can shield you from life s ups and downs but resilient thinking makes it easier to keep going and easier to have fun along the way resilience makes life easier be ready for life prepare for the unexpected trust yourself to thrive under any conditions this is the large print edition printed primarily in helvetica size 18 font and verdana size 18 font for ease of reading the diagrams have also been reformatted to facilitate easier reading moon magic contains charts to help you to identify your moon sign with in depth analyses of each sign offering an insight into your deepest characteristics and spiritual needs harness the power of video and create effective video marketing campaigns that will raise brand awareness increase sales drive website traffic and deliver roi on marketing budgets with this invaluable guide to creating engaging content written by the experienced and award winning video marketer jon mowat video is the single most effective tool that marketers can use to cut through the noise and deliver measurable results driven by consumer demand and with the backing of the largest social media platforms our world is becoming video first video marketing strategy allows marketers to harness the power of video with an in depth look at the world s most powerful medium and how it can radically magnify a brand s voice by creating a level of emotional engagement that can t be achieved any other way exploring both theory why are humans so affected by video on mobile devices and practice what s the key to making videos that deliver results this book looks at how multiple videos can form wider campaigns while exploring content hubs activation strategies and testing filled with invaluable advice tips and strategies for incorporating video into a wider content marketing plan plus insights from prominent industry practitioners and case studies from around the world
across sectors and industries this book offers readers the magic formula for using video campaigns successfully

**Harness the Power of Big Data The IBM Big Data Platform**

2012-11-08

boost your big data iq gain insight into how to govern and consume ibm s unique in motion and at rest big data analytic capabilities big data represents a new era of computing an inflection point of opportunity where data in any format may be explored and utilized for breakthrough insights whether that data is in place in motion or at rest ibm is uniquely positioned to help clients navigate this transformation this book reveals how ibm is infusing open source big data technologies with ibm innovation that manifest in a platform capable of changing the game the four defining characteristics of big data volume variety velocity and veracity are discussed you ll understand how ibm is fully committed to hadoop and integrating it into the enterprise hear about how organizations are taking inventories of their existing big data assets with search capabilities that help organizations discover what they could already know and extend their reach into new data territories for unprecedented model accuracy and discovery in this book you will also learn not just about the technologies that make up the ibm big data platform but when to leverage its purpose built engines for analytics on data in motion and data at rest and you ll gain an understanding of how and when to govern big data and how ibm s industry leading infosphere integration and governance portfolio helps you understand govern and effectively utilize big data industry use cases are also included in this practical guide

**Persuasive Writing**

2012-09-26

developed from powerful techniques consistently proven in the world of multi million pound commercial bid writing persuasive writing reveals the most efficient and effective ways to make your words work time after time discover how to transform any document into something truly compelling and persuasive understand what your reader really wants to hear and use this to get what you want combine logic and emotion to convince even the most sceptical reader whether you re writing for business or for pleasure the longest document or the shortest email with these and many more proven techniques persuasive writing will ensure every word works for you

**Harness the Power Within and Without**

2016-04-06

hello i my name is gary jones harris founder of shu ha ri do martial arts my martial arts is based on biblical principles of love patience kindness
honor protecting others and wisdom before combat inside the human body is an incredible god given power that is seldom mastered and easily manipulated by external influences. Unification of body, mind, and spirit allows you to harness and channel this power in a godly direction. This is the path to true positive self expression. Within this book are formulas that will stimulate, provoke, and encourage you on your journey to self mastery under the will of God through Jesus. Learn about the power of true positive self expression. Learn the vital concepts of enemy becomes ally. Learn why the concept of self empowerment, divine endowment is the basis for it all.

**Power in Your Weakness**

2014-03-28

Jason Werner received the grace of God and was powerfully converted by Christ May 2000 in a heartfelt moment of surrender as a former atheist. Jason now lives to make the living Christ known and to manifest his goodness to all who would hear as a breathing testimony of God's covenant promises. Jason shares biblical teaching with his relatable stories to make the truths of God within the grasp of everyone in this book. Jason teaches how to lay hold of the tremendous benefits we have in Christ: healing, finances, peace, and power all through the truth and understanding that it is not about what we do but what Christ has done.

**TEAM MANAGEMENT**

2019

The universe is filled with incredible power. Over the last century alone, combustion, electricity, and lift have completely altered the course of humanity. These and other forces have taken us to the moon and beyond at the same time they have laid waste to entire cities and abruptly ended millions of lives. One force among these has the ability to control them all—ironically, it is the most powerful yet the least understood. As with fire, this awesome power can only be controlled when you understand the basics of how it works. Like electricity, it can do things that you thought were impossible and similar to lift, it can send you flying through the clouds to heights you never imagined. Once you learn the basics, you won't need to freak out anymore. Over control anything you want will be within reach without the use of force, deception, bribery, or any other form of manipulation. If you're not already living your dreams, it's because something is short-circuiting your ability to harness this great power. Come with me and we'll find out what it is. Let your journey of discovery begin now.
Getting Our Act Together

2013

combining the rational logical instincts of the left brain with the passionate and artful skills of the right brain this book offers a leadership approach that is both highly effective and deeply inspirational perfect for anyone assuming a leadership position it presents simple solutions on such topics as effective collaboration achieving goals leadership styles team building inspiring people to success and more

Control Freak

2002-09-13

be happier healthier and more passionate it s easy when you re attuned to the pure power of the universe known as cosmic energy renowned psychic anne jirsch teaches you how to connect with this natural creative force and use it to transform your life using inspiring research client success stories and experiences from her own life jirsch explains a variety of ways to tap into cosmic energy from visualisation and thought field therapy to her pioneering etheric energy practices once you ve mastered these simple yet highly effective techniques you can immediately begin to create the life you ve always wanted attract positive people into your life raise your love vibration to attract your soul mate or add passion to your current romantic partnership manifest wealth and abundance discover your life s purpose and make your dreams come true create your own perfect healing space to clear stress create balance and energize your entire being praise jirsch has taken complicated and abstract ideas and turned them into user friendly concepts and techniques the results will be life changing paul mckenna best selling author of change your life in 7 days a well organized and inspirational guide to making your dreams come true dell horoscope cosmic energy is a safe bet for those customers who enter your store with hesitation and wander around looking lost or overwhelmed the book is a bit like finding an old friend who can explain it all to you new age retailer

Simple Solutions

2007-03-16

in an effort to move away from our dependence on fossil fuels scientists and engineers have discovered ways to harness the power of the sun to
create electricity this fact filled book explores solar energy through a stem perspective students will learn how energy from the sun travels millions of miles through space to power our lives here on earth the pros and cons of using solar energy are discussed in detail dazzling full color photographs encourage students to make connections with the text and will keep even reluctant readers engaged

**Cosmic Energy**

2010

when will success and happiness give a f ck about you why do many of us painstakingly pay misery to the perplexing social laws how to stop whining start weaning and eventually win i hope we will fumble together in this intoxication let s put up your dukes

**Solar Panels**

2017-12-15

a very helpful book and a must read daniel g amen md founder amen clinics and new york times bestselling author of your brain is always listening learn how to overcome anxiety by transforming it from an obstacle into an advantage nervous energy is something many of us are familiar with it s the urge to double check our work to create a tidy strategy for an overwhelming goal or make a to do list and tick every box neatly but when work and life become more complex and unpredictable when there isn t a straightforward to do list or clear step by step solution this nervous energy can spiral into anxiety and stress becoming a roadblock to success instead of merely trying to overcome anxiety dr chloe carmichael uses a combination of storytelling and step by step directions to share nine powerful tools that help you harness this energy in a productive way based on her years of experience helping patients change their anxiety from a setback into an advantage nervous energy offers a breakdown of three common nervous energy profiles step by step directions for implementing each of the nine tools in your life exercises charts and worksheets real life stories and examples of people overcoming anxiety with these tools a must read for anyone feeling trapped by stress and anxiety nervous energy is a practical guide to transforming anxiety and nervous energy into a powerful positive force

**Harness the Power of the Unf*cked Mind**
a brief yet detailed look into the world of human frequency you re about to discover i want to take this opportunity to thank you for downloading the book frequency for healing intuition and confidence this book contains proven steps and strategies on how to harness the power of human frequency human frequency basically influences almost every aspect of our lives we are constantly vibrating at a particular frequency this frequency is highly controllable if you become more aware of it if we learn how to control or leverage our frequency we could potentially see dramatic changes in our daily living this book will teach you all that you need to know about our human frequency the main focus of this book is on yourself it teaches you how to control yourself so that you can connect to the universal vibration this has major benefits when it comes to using techniques such as the law of attraction frequency can also aid in healing and just being a better version of yourself it takes a really deep thinker to explore the possibilities of topics such as this it shows that you want to go beyond what is commonly known to everyone therefore i m glad that you have interest in this book explore it further to benefit from what it can offer you here is a preview of what you will learn what is human frequency the need and importance of frequency how to combine frequency with other aspects frequency and the universal vibration tools to focus yourself and harness the power of frequency taking control of yourselfbuy your copy today

Nervous Energy

2021-03-23

the sorites principle how to harness the power of perseverance is a powerful unification of tips tricks and techniques on how to achieve great things via small efforts so do you want to lose weight learn a new language become a film director or just keep your home neat and tidy then the sorites principle is just what you need

Frequency

2016-07-25

sub conscious mind harness the power of your sub conscious mind to reach your goals and dreams did you know that your sub conscious can make a profound and deeply rooted change in your life if you only know how to use it it can turn your life around make it better or change your circumstances into the reality that you have always wanted this is exactly what the book sub conscious mind harness the power of your sub
conscious mind to reach your goals and dreams is all about it provides you with the 8 simple tips and tricks to help you tap into your sub conscious which is the first thing you need to do if you want to program or re wire it once you have established a communication link to your sub consciousness you can then create new programs and patterns in just 4 easy ways the sub conscious part of your mind is a very powerful area that stores all your memories and past experiences if you can harness its treasure trove of information you can achieve whatever you dream of do you want to enjoy a better life than what you already have let your sub conscious help this is because the way you work or make money has a close link to it identifying the reasons and causes that you are in the same mediocre situation have something to do with whatever is stored in your sub conscious mind so go ahead learn how to tap into and then re wire it

**The Sorites Principle**

2016-10-27

the secrets of reading people have been unleashed in this book what if you could walk into a room and know what others are thinking have you ever wondered why some people seem to get everything they ask for and how people tend to be drawn to them this kind of skill is not only useful in business interactions but it could also be a life changer if you want to improve your life and get better at managing relationships then keep reading upon meeting someone for the first time it can be hard to work out what kind of person they are reading people is a powerful way to realize people s intentions figure out who is sincere manage relationships and much more the ability to read a person gives us a massive advantage in business love and life you might be on a date in a business meeting or in a negotiation and wish you to know how to read the other people these abilities might seem like they re straight out of a superhero movie but the truth is that with the right knowledge you can get a glimpse into a person s mind and know what they re really thinking imagine a life where you can easily read people in this book you will discover master the psychology behind how to read people never be left wondering what others are thinking ever again discover the building blocks of every personality decode the body language of the people around you excel at business social interactions master your superhuman intuition improve your confidence attractiveness success identify the 3 ways you are being manipulated unleash your psychic within close a profitable deal using the art of persuasion leave people stunned confused and much much more so if you want to discover the secrets to reading people improve your life and have better relationships scroll up and click add to cart

**Angel Energy**

1996
i love this book strong clever intelligent advice with soul mary portas a wonderful look at how to transform our homes to be more mindfully aligned with our true nature and a reflection of who we are fearne cotton a happy home is a fundamental building block of happiness and michelle s book is an essential step by step guide to creating a home we love arianna huffington founder ceo thrive global a must have read for anyone looking to improve not just their home but also their quality of life within it matthew williamson be happier healthier and more empowered with michelle ogundehin s step by step practical guide to creating a home that supports your well being whether that home is owned or rented small or large and regardless of how much money you have happy inside shows you how to harness its potential in pursuit of becoming your best self if you want to feel calm content soothed or energized you must begin with what surrounds you this comprehensive guide covers everything from how to create more light and space to how to get a good night s sleep the path to a perfect sofa and why a dining table is your most vital piece of furniture plus how to decorate to promote joy the importance of play and circular side tables your definitive capsule kitchen kit and why your hallway is where it all starts combining michelle s knowledge of buddhist philosophy mindfulness colour psychology and good design happy inside is your one stop guide to living well welcome to the healthy home revolution

Create a Servitor

2014

engaging stakeholders on projects provides an in depth examination of the topic covered in the apm body of knowledge 7th edition it gives project professionals detailed tips tools and practical steps to help improve ways of working and shows how harnessing the power of people is key to improving project success

Subconscious Mind

2015-10-08

your life is dominated by your unconscious mind by thoughts you re unaware of and movements you don t realise you are making words colours mannerisms and other cues you don t realise are affecting you change what you think the confidence you have in your ability to reason and to consciously choose what to do is caused by a series of illusions that scientists are only just beginning to understand the discovery of these illusions will change the way we see ourselves more than the discoveries of darwin and copernicus unthink explores the unconscious decisions we make and covers a variety of topics ranging from how we choose politicians and romantic partners to more abstract subjects such as whether we
can consciously decide to move our fingers the counter intuitive observations that chris makes in the book include if you want someone to fancy
you wear red and meet them somewhere frightening when waitresses repeat customers orders back to them instead of just saying yes they receive bigger tips to reduce your shopping bill start at the beer and snacks end of the store and work backwards if you sit someone in an upright chair when you give them good news they will be prouder of their achievements having a picture of your family on your desk might make you work harder but you ll be rattier when you get home chris paley shows us how we can understand ourselves and others better by having a greater understanding of the way that the unconscious mind has an impact of the way we live our lives

Reading People: Harness the Power Of Personality, Body Language, Influence & Persuasion To Transform Your Work, Relationships, Boost Your Confidence & Read People!

2020-08-28

harness the power of mentoring how to find and work with the right mentor a guide for the solopreneur imagine being a successful solopreneur although most people have the drive and passion few have the full set of personal attributes skills and experience that running a business requires that s the main reason more than half of all small business start ups fail in their first five years of operation this tells us that what small business owners need is help from someone who has been there done that someone who can help them plan their entrepreneurial journey gain confidence mature in their thinking and decision making learn from mistakes a mentor no one needs that help more than the solopreneur who is someone in business on their own a special type of business person they differ from other entrepreneurs in many key areas business practices mindset and objectives to name a few they prefer to work alone and often don t intend to add anyone else to the business they tend to focus on perfecting their skill as specialists if they don t do it it doesn t get done harness the power of mentoring speaks directly to the solopreneur it makes sense that most solopreneurs are in dire need of a mentor but not just any mentor they need mentors who understand the special case of the solopreneur this concise and practical book is the first to provide guidance to the solopreneur so that they too can benefit from the right mentor one who understands their special needs and can help them achieve their goals you will discover what makes a solopreneur different from conventional entrepreneurs in their mindset attitude goals and business practices how to find the right mentor for you how to plan your mentorship and business concept how to have difficult crucial conversations with your mentor how to evaluate your progress and how to know when it is time to move on this book is the first of four books in the business mentoring solution series that focus on mentoring the solopreneur and is complemented by an accompanying planner journal and tips booklet

Happy Inside
wouldn’t you love to learn how to lose worry and the false sense of unworthiness to make your greatest dreams come true learn how to harness the power of happiness to create the life you want learn how to free yourself from anxiety and depression and live in freedom and abundance from now on you will even learn the secret solution to every problem it’s packed with powerful self liberating truths

The Essential Book of Meditation

highly commended business book awards 2021 change sustainability now more than ever how we work the way we live even how long we live are changing at rapid pace and only those who can embrace everything that’s going on and reinvent themselves will survive and thrive the power to change teaches you how to do just that yet change even good change is tough most of us feel utterly powerless when confronted by it but it doesn’t have to be this way the power to change will help you harness difficult situations and see new opportunities the power to change does more than simply enable you just to cope with change it gives you the tools and approaches to embrace and celebrate change written by award winning author campbell macpherson this book provides a genuinely unique approach to celebrating change that will resonate with readers no matter what sort of change they have to confront the power to change gives readers the permission to feel emotional and have doubts and fears about change it provides a range of techniques to put change into perspective and allows readers to embrace and prosper from the challenges it presents

Engaging Stakeholders on Projects

your mind is the key to all that you want in life a bold statement no doubt but one that i aim to prove with this book in mind is the master you will learn different techniques to program your mind for success in all that you do how to set up the right mindset to get the most out of life how your mind functions and works so you can make use of the most powerful instrument on earth the three laws that the mind operates by how to shape your own reality to your will and that’s just the beginning ask any successful person what sets them apart and you will hear the answer mindset mind is truly the master and mindset is all there is no better use of your time than figuring out how to make use of the greatest gift that was given to you get mind is the master today
this new book from bestselling author susan nolen hoeksema helps women to discover develop and harness their distinct psychological and social strengths so they can build their confidence and achieve their full potential in all aspects of their lives the author believes that women are generally extremely hard on themselves they concentrate on their flaws and shortcomings trying all the time to fix problems that no one else can see her 25 years research reveals that women have exceptional skills and despite being ignored or dismissed over the millenia have shown that they can be superb leaders entrepreneurs and innovators women do much more right than they do wrong using the latest thinking in cognitive and behavioural therapy motivating case histories and easy to follow exercises susan nolen hoeksema introduces a new programme for step by step change she helps women to understand what is holding them back and inspires them to transform their lives their work and their relationships

Harness the Power of Mentoring

an essential guide to crystal grids are you ready to tap into the healing energy and creative power of crystals discover how to harness the power of crystals and sacred geometry to amplify your intentions focus your mind and manifest positive change in your life in this comprehensive and practical guide you will learn how to make and activate crystal grids for yourself others and your home explore the fascinating history and symbolism behind crystal grids learn how and why crystal grids work ethan lazzerini uses over 20 years experience with crystals to formulate 34 intention based crystal grids for every purpose no more secrets this no 1 bestselling book will demystify the world of crystal grids learn exactly why each different crystal is used and the reason every geometric shape was chosen for each grid crystal grids power is filled with tips and techniques to supercharge your grids access simple to advanced crystal grids and learn how to create your own includes powerful crystal grids for abundance prosperity psychic protection personal distant healing success relationships increased energy motivation angels confidence better sleep karma releasing life purpose stress relief earth healing overcoming obstacles aura clearing peace harmony home protection new beginnings and many more contains 34 crystal grids for all areas of your life clearly illustrated with diagrams and step by step instructions the meaning of sacred geometry shapes and symbols explained learn three different ways to activate your crystal grids helpful substitute crystals are given for every grid includes free printable crystal grid templates to download crystal grids power is an indispensable guide to the magical world of crystal grids this enlightening book contains everything you need to know about crystal grids and how to use them
Lighten Up!

2007

learn the tools to shed your mask of extroversion develop your own magnetism and reveal the true you one third to one half of americans are introverts in a culture that celebrates even enforces an ideal of extroversion and a cult of personality political leaders are charismatic celebrities bask in the spotlight and authority figures are assertive it is no surprise that a quiet revolution has begun to emerge among the invisible half of the population asserting that they are just as powerful in their own unique ways the irresistible introvert embodies the spirit of this revival and breaks down the myth that charisma is reserved for extroverts only this mini manifesto shows introverts how to master the art of quiet magnetism in a noisy world no gregariousness required within these pages you ll discover how to shed the mask of extroversion and reveal a more compelling and authentic you you ll also learn how to master the inner game of intrigue manage your energy for optimal engagement create an emotional ecosystem for charisma establish introverted intimacy cultivate communication skills for quiet types as a professional charismatic introvert author michaela chung demonstrates that you no longer have to forcefully push yourself outward into the world against your nature but can rather magnetize people inward toward the true you in the process you ll learn to embrace your innie life and discover potential you never knew you had

The Power to Change

2020-10-03

a game changing self development book from the world s leading virtuologists transform your life by harnessing the power of your virtues starting here and now most people believe that to be successful and prosperous they need more skills knowledge technologies capital and connections to name just a few but world renowned virtues experts talidari have made a breakthrough by discovering another simpler way drawing on a decade of scientific research and envelopment they know that real transformation and breakthroughs come from raising our consciousness which is done by virtues you can have the highest education know everything there is to know be multitalented skilled equipped and take action all day long but if you don t apply certain virtues all that will be in vain all your assets have no value and could be even contra productive if they are not leveraged by virtues such as responsibility resourcefulness flexibility perseverance resoluteness determination dedication resilience consistency self confidence faith non religious credibility trustworthiness trustfulness reliability love compassion gratitude generosity authenticity self initiative self discipline courage patience integrity creativity diligence etc the reason why most people who are highly educated skilled and gifted are not efficient enough or successful in achieving their goals privately and professionally is because their weaknesses have the advantage over their strengths they allow
their liabilities to gain the upper hand over their assets often choosing flaws and vices over their virtues we are all subject to the law of polarity having both positive and negative traits virtues and flaws and the ones who achieve lasting success in anything are those who have the advantage over own liabilities virtues are key assets while flaws are major liabilities and virtuology takes care of the suitable ratio between the two in this ground breaking interdisciplinary book talidari reveal exactly how virtues can serve as means of empowerment for life changing outcomes it will astonish you it will invigorate you it will make you think in ways you have not thought before it s like going to a truth buffet virtuology embodies the idea that virtues are the means for excellence success happiness wealth health popularity growth and progress it will assure you that the degree of your well being is in proportion to the degree to which you cultivate your virtues this is the empowering account of human virtues and the science underpinning the biggest question of all what is the secret to getting really really great life find all the answers in this colossal volume now and feel excited to be at the forefront of something that will fundamentally change the way humans live virtuology offers a new way to be in the world a new frame of reference it will help you harness the power of virtues and raise your consciousness to the modes that make achieving all your goals possible easy and simple

**Mind Is the Master**

2017-02-09

contrary to conventional wisdom about what makes a good negotiator namely being aggressive and unemotional in bring yourself mori taheripour offers a radically different perspective in her own life and in her more than fifteen years of experience teaching negotiation she has found that the best negotiators are empathetic curious and present the essence of bargaining isn t the transaction but rather the conversation and human connection it is when we bring our whole authentic selves to the table that we can advocate for ourselves fearlessly and find creative solutions that benefit everyone bring yourself explains how your pressure points personal experience and even your cultural expectations can become roadblocks to finding common ground and it offers essential strategies to move beyond them and open your mind with eye opening and empowering stories throughout bring yourself helps readers gain the confidence they need to achieve their goals in work and in life timely and provocative this paradigm shifting book can transform our world and the way we work together

**The Power Of Women**

2010-05-06
ron nash shows how to replace whatever with whatever it takes through this professional development program focused on individual reflection includes examples from successful schools nationwide

Crystal Grids Power

2017-03-16

one of three classic reissues by the mega selling author of the power of your subconscious mind to inaugurate tarcherperigee s exciting new line the joseph murphy library of success in this practical guide joseph murphy shows you a simple way to harness the cosmic power hidden within to achieve physical spiritual and career success the secrets of this life changing art are spelled out simply and clearly drawing upon both eastern and western cultures for special techniques and prayers you will discover how to tap into the power you already possess to heal make decisions and attain your life long goals

The Irresistible Introvert

2016-07-05

what would you do if you knew you could pick yourself up and easily carry on if things don t work out have you ever wondered why some people are able to bounce back quickly while others can t now you can learn techniques that will give you the power and mental strength to be resilient resilience is a learnable skill with its basis in healthy self esteem optimism and belief in yourself resilient individuals have better lives they recover faster from heartache they have more successful careers and they are physically and mentally healthier resilience can prevent and cure ptsd once you develop resilience your automatic response to everything you experience will be less stressful than it is now our habits of thought determine how we respond to the events of our life from microaggressions to trauma job loss to divorce death disability defeat on the sports field and even defeat at the ballot box learning skills based resilience puts you in charge of your response suffering is optional the response we choose can make us suffer or empower us with determination to overcome any adversity less stress means more fun and more confidence imagine being fearless because you know you will be able to be happy even if things don t turn out exactly the way you want them to imagine what it is like to move through life not worrying about what others think or say about you because their opinions don t have the power to make you feel bad you deserve a life you enjoy it s up to you no one can shield you from life s ups and downs but resilient thinking makes it easier to keep going and easier to have fun along the way resilience makes life easier be ready for life prepare for the unexpected trust yourself to thrive under any conditions
shortlisted business book awards 2022 international business book category silver winner axiom awards 2022 business commentary category the greatest challenge facing leaders is activating and actioning purpose based brands to the people who matter inside the company and out recent statistics prove that more than 87 of consumers would purchase a product because a company advocated for an issue they cared about and more than two thirds would refuse to do so if the company supported an issue contrary to their beliefs we live in an age of activism the conscious consumer is more socially aware than ever before and this is reflected in their buying habits yet activism on behalf of brands is lagging while many claim to be purpose driven far too often this purpose is relegated to a plaque above the ceo s desk and never goes any further or worse the purpose is transparently used as a marketing ploy but never acted upon in any real way activate brand purpose shows readers how to transform their brand s purpose into meaningful action by sparking a company wide cultural movement beginning internally and permeating externally regardless of whether your purpose is lofty and socially conscious or all business focus on galvanizing people and they will respond if you can prove that you care about that purpose and that you re working to realize it rather than simply chasing the next dollar this book contains a clearly explained proven framework that will make this happen

Bring Yourself

2020-03-24

do you want to make average performance great and significantly improve the behavior and skills of an individual or organization then harness the power of coaching this issue will show you how to drive performance development by making it a fundamental part of your organization s culture a five step method ensures your efforts move in the right direction and produce results included are sidebars mapping coaching events assessing the learning needs of coaches and a coaching evaluation questionnaire job aid

Harness the Power of Reflection
s renee smith is a renowned self esteem branding and communication expert speaker life and business coach and resource to the media she has worked with over 100 corporate government and non profit clients in ten different industries she is sought after for her ability to shatter old beliefs and mental constructs closing the gaps in the minds of audiences regarding how they see themselves their careers and their abilities to achieve success s renee has reinvented herself to work in corporate entertainment academia and self development industries by her early thirties she had earned a seat at the table in the boardroom with senior leaders advising them on image management matters one of america s go to experts her insights have been featured in entrepreneur shape woman s world and other magazines and on marketing daily and many other websites plus she has made countless radio and television appearances s renee is the author of four popular books there is more inside personal essentials needed for living a power packed life the bridge to your brand likability marketability credibility our hearts wonder prayers to heal your heart and calm your soul and 5 steps to assertiveness how to communicate with confidence and get what you want she is also the co author of self esteem for dummies which was written for the world s best selling dummies reference brand series

The Cosmic Power Within You

what would you do if you knew you could pick yourself up and easily carry on if things don t work out have you ever wondered why some people are able to bounce back quickly while others can t now you can learn techniques that will give you the power and mental strength to be resilient resilience is a learnable skill with its basis in healthy self esteem optimism and belief in yourself resilient individuals have better lives they recover faster from heartache they have more successful careers and they are physically and mentally healthier resilience can prevent and cure ptsd once you develop resilience your automatic response to everything you experience will be less stressful than it is now our habits of thought determine how we respond to the events of our life from microaggressions to trauma job loss to divorce death disability defeat on the sports field and even defeat at the ballot box learning skills based resilience puts you in charge of your response suffering is optional the response we choose can make us suffer or empower us with determination to overcome any adversity less stress means more fun and more confidence imagine being fearless because you know you will be able to be happy even if things don t turn out exactly the way you want them to imagine what it is like to move through life not worrying about what others think or say about you because their opinions don t have the power to make you feel bad you deserve a life you enjoy it s up to you no one can shield you from life s ups and downs but resilient thinking makes it easier to keep going and easier to have fun along the way resilience makes life easier be ready for life prepare for the unexpected trust yourself to thrive under any conditions this is the large print edition printed primarily in helvetica size 18 font and verdana size 18 font for ease of reading the diagrams have also been reformatted to facilitate easier reading
Harness the Power of Resilience

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Activate Brand Purpose

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Harness the Power of Coaching

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