Apa handbook of men and masculinities apa handbooks in psychology (Download Only)

the psychology of men and masculinities is a broad interdisciplinary field devoted to the study of how men’s and boys lives are shaped by biopsychosociocultural influences as well as the constellation of meanings associated with the male biological sex the use of the term masculinities reflects the editors belief that there are diverse meanings associated with being male that vary across time situations social groups and cultures in the past three decades there has been an exponential growth in empirical psychological research on men and masculinities although this emerging body of research has yet to be appropriately summarized synthesized and critically evaluated this apa handbook addresses that lack with a strong focus on psychological science it tackles the full spectrum of the theoretical empirical and practical not only focusing on the extant literature in traditional areas of men and masculinities but also highlighting new and emerging scholarship the handbook is divided into four sections the first section addresses historical conceptual and methodological issues readers will be exposed to a wide range of theoretical perspectives on men and masculinities e.g. biological evolutionary social norms gender role conflict social constructionist and feminist as well as methodological quantitative and qualitative approaches to studying men and masculinities the second section examines specific populations of men with a strong focus on developmental cultural and sexual orientation diversity the third section focuses on specific topics relevant to men’s lives such as careers education sexism violence and emotions the fourth and final section addresses several application domains including men’s helping seeking patterns physical health mental health and experience of psychotherapy each chapter investigates future directions along with unresolved issues or emerging concerns the handbook provides a broad view of masculinities primarily across the social sciences but including important debates in areas of the humanities natural sciences over the past two decades there has been a rapid transformation of masculinities in the west largely facilitated by a decline in cultural homophobia the significant changes in the expression of masculinity particularly among younger generations of men have been particularly evident in men’s team sports which have become an increasingly diverse and inclusive culture drawing upon work from a wide range of established and emerging international scholars this handbook provides a comprehensive and interdisciplinary analysis of the contemporary relationship between masculinity and sport it covers a range of areas including history media gender sexuality race violence and fandom considering how they impact a range of different sports across the world students and scholars across many disciplines will find the unparalleled overview provided by these specially commissioned chapters an invaluable resource this handbook examines the psychology of fatherhood throughout the lifespan and across multiple contexts it synthesizes the trajectory of research and theorization of fathering that has traditionally dominated fatherhood literature the book explores fathering within the developmental stages of children from infancy to adulthood in addition it addresses the health and well-being of fathers from the perinatal period onward with a focus on isolation loss trauma and mental and physical health the book emphasizes positive fatherhood and masculinity thereby offering new perspectives of fatherhood it synthesizes cutting edge research on the intersectionality of fathering and provides knowledge of fatherhood for diverse populations including military lgbtq and fathers on the margins the handbook reviews clinical assessment as well as
community based prevention and intervention strategies for issues of fatherhood and examines directions for future public policy and on the
ground work it offers recommendations for promoting the health and well being of fathers and their families from multiple perspectives key areas
of coverage include historical multicultural and future directions in the research of fatherhood fatherhood and child development from infancy to
emerging adulthood grandfathering and adult children fatherhood and men s mental and physical health and well being positive masculinity and
fatherhood the handbook of the psychology of fatherhood is an invaluable resource for researchers clinicians and practitioners and policy
advocates as well as graduate students in developmental psychology social work public health pediatrics human development family studies child
and adolescent psychiatry school and educational psychology and all interrelated disciplines a ground breaking guide that provides men with tools
to improve their mental health and well being masculinity requires a redesign men exhibit higher rates of suicide lower rates of help seeking
higher rates of substance use and abuse and higher rates of anger and violence how can this change in man kind counseling psychologist
zachary gerdes phd provides a framework for improving men s mental health and well being while redefining what it means to be masculine rather
than following a traditional view of masculinity focused on stoicism patriarchy and self reliance gerdes provides his lift model a road map to help
men foster collaboration understand when and how to utilize resources and build mental resilience and flexibility in this empowering book gerdes
helps men understand their thoughts and behaviors from a psychological perspective provides steps to help men change behaviors that are
detrimental to their health and relationships outlines a model for healthy masculinity that incorporates psychological and relational practices for
improving well being includes strategies for improving cognitive insight elevating emotionality reinvigorating relationships and overcoming
oppression and oppressiveness illustrates how certain behaviors are not necessarily masculine but merely the result of social conditioning
explains the latest psychological and social science research on gender identity and masculinity to provide a scientific foundation for improving
men s mental health operates on the leverage insight freedom truth lift model which gerdes developed as an intervention to improve various
health outcomes in men man kind provides men with the tools they need to improve their mental health and well being the routledge international
handbook of masculinity studies provides a contemporary critical and scholarly overview of theorizing and research on masculinities as well as
emerging ideas and areas of study that are likely to shape research and understanding of gender and men in the future the forty eight chapters of
the handbook take an interdisciplinary approach to a range of topics on men and masculinities related to identity sex sexuality culture aesthetics
technology and pressing social issues the handbook s transnational lens acknowledges both the localities and global character of masculinity a
clear message in the book is the need for intersectional theorizing in dialogue with feminist queer and sexuality studies in making sense of men
and masculinities written in a clear and direct style the handbook will appeal to students teachers and researchers in the social sciences and
humanities as well as professionals practitioners and activists this handbook provides a detailed overview of the emotional physical and social
implications of anger aggression and violence the book covers the recognition diagnosis and evaluation of these areas aiming to understand the
aetiology of these behavioral features to assist with prevention and cure the book is divided into eight sections placing aggression anger
aggression and violence in context causes and precipitation of anger aggression and violence features of anger aggression and violence anger
aggression and violence in defined disorders and conditions physical measures of pathology and insights genetics physical measures of
pathology and insights non genetic treatments and therapies methods and techniques handbook of anger aggression and violence will be of use
for behavioral scientists psychologists psychiatric nurses and doctors neurologists health scientists general practitioners research scientists and
all those interested in altered behavior reclaiming men s spirituality is a study that investigates men s spirituality by exploring three research
questions can a form of spirituality about men be identified and described how can this spirituality be examined and what is it that needs to be
reclaimed to answer these questions and at the same time remain committed to the importance of lived experience this study opted to investigate the lives of men by attending to ten spiritual histories the study is situated in malta and the ten spiritual histories provide access to various features expressions and contours that relate closely to men s being semi structured interviews were also conducted with ten spiritual directors who have men as spiritual directees their contribution clarifies the structure of men s spirituality the effort required when directing male spiritual directees and the impact generated in the lives of men thanks to spiritual direction to provide a frame of reference for the examination of all the gathered data john of the cross s spiritual framework has been chosen as the mystical instrument against which men s spiritualities are studied leading to richer insights into the operations motives goals and problems of such spiritualities what does it really mean to say that boys will be boys men are from mars or that contemporary men are in crisis does modern psychology support or refute these notions and how is psychological theory and research about boys and men used in society the psychology of men in context is an essential introduction to the field which challenges readers to examine psychological research on men masculinity and gender and consider its impact on daily life through everyday speech popular media political rhetoric and more the authors offer a range of lenses for studying masculinity including biology social learning social constructionism feminism and intersectionality demonstrating how these frameworks can be used to understand research on pressing topics such as violence health and relationships the book also considers masculinity in its broader philosophical and historical contexts equipping readers with the tools needed to connect the psychology of men with other areas of social science exercises and prompts to help students relate the research to their own lives are included throughout designed for students at undergraduate and graduate level but suitable for anyone curious about understanding the field from a more critical social scientific perspective the psychology of men in context is a valuable introduction to the history current scholarship and social implications of the psychological study of men and masculinity religion spirituality and masculinity provides concrete practical suggestions for mental health professionals drawing from decades of clinical experience working with men and interdisciplinary insights from psychology sociology religion and more the authors explore some of the most salient aspects of men s mental and spiritual health chapters focus on topics such as men s relationships to religion and to masculinity shame and forgiveness and concerns such as pornography use and drifting between religious affiliations in addition to relevant theory and research each chapter includes a case study and clear science informed strategies that can be incorporated into everyday practice in ways that improve men s health and wellbeing by examining portrayals of male homosociality in sally rooney s novels the book documents how male relationships are formed challenged and often disavowed and the profound negative effects this can have for the wellbeing of men the book also highlights the importance of the sociocultural context within which male relationships are formed and supports that the potential for healthy and meaningful relationships between men depends on how they are brought up to view themselves as men and their role in the society they live in that is despite the many examples whereby space for authentic and meaningful male homosociality is limited and well concealed the book also offers a more optimistic potential for men s relationships by illustrating the significance of broader understandings of masculinity unfettered by homophobia and misogyny in allowing for male homosociality with the potential of emancipating men from heteropatriarchal norms which dictate their behaviour toward themselves and others the oxford handbook of undergraduate psychology education is dedicated to providing comprehensive coverage of teaching pedagogy and professional issues in psychology the handbook is designed to help psychology educators at each stage of their careers from teaching their first courses and developing their careers to serving as department or program administrators the goal of the handbook is to provide teachers educators researchers scholars and administrators in psychology with current practical advice on course creation best practices in psychology pedagogy course content recommendations teaching methods and classroom management strategies advice on student advising and administrative and professional
issues such as managing one's career, chairing the department, organizing the curriculum, and conducting assessment among other topics. The primary audience for this handbook is college and university level psychology teachers at both two and four year institutions at the assistant, associate, and full professor levels as well as department chairs and other psychology program administrators who want to improve teaching and learning within their departments. Faculty members in other social science disciplines, e.g., sociology, education, political science, will find material in the handbook applicable or adaptable to their own programs. This book offers a detailed examination of reflective practice in teacher education in the current educational context where reflective practice has been mandated in professional standards for teachers in many countries. It analyses research-based evidence for the power of reflective practice to shape better educational outcomes. The book presents multiple theoretical and practical views of this often taken for granted practice, so that readers are challenged to consider how factors such as gender and race shape understandings of reflective practice. Documenting approaches that enhance learning, the book highlights the professional thinking that is integral to teaching and demonstrates ways it can be encouraged in beginning teachers. Aimed at the international community of teacher educators in schools and universities, it also includes a critical examination of methodological issues in analysing and evaluating reflective practice and showcases the kind of reflective practice that empowers teachers and pre-service teachers to make a difference. This book fills a major gap in the literature by providing comprehensive guidelines for the care of male patients through the lifecycle and across healthcare settings. It is devoted solely to improving men's health. The book serves as an accessible practical reference for clinicians treating these patients, focusing on the psychosocial challenges that men encounter in obtaining healthcare, as well as acute and chronic medical and psychological diseases. The book also offers current evidence-based guidelines for wellness and health maintenance topics, including the problem of help seeking, preventative services, sexual dysfunction, cardiovascular health, prostate cancer screening, and testosterone deficiency. Men's health in primary care is a valuable resource for primary care clinicians and students in family medicine, internal medicine, and adolescent medicine.

This handbook provides new theoretical and empirical insights into men's practices and masculinities across many kinds of organizations and forms of organizing. Most mainstream studies of organizations, leadership, and management do not seem to notice they are often talking a lot about men and masculinities. The handbook challenges this general tendency to avoid gendering men by bringing together a range of theoretical and methodological approaches that engage with not only formal organizations such as businesses and state organizations but also processes of organizing within and beyond organizations. It addresses emergent and future issues on men's masculinities and organizations such as tech masculinities, men's emotions, sexualities, and violence, animal advocacy, and environmental issues. It targets at scholars, policymakers, practitioners, and students interested in links between men, masculinities, organizations, and organizing. This landmark handbook is an invaluable resource for those working in and beyond such fields as gender studies, organization leadership, and management studies, political science, sociology, social and public policy, and social movement studies. With the legalization of same-sex marriage and the explosion of LGBTQ news coverage in recent years, gender studies is a subject of intense interest in popular media and a part of the curriculum at many colleges. Libraries realize the importance of supporting the field yet many have difficulty finding resources and programming ideas. This book provides case studies and a range of innovative solutions for better meeting patron needs. Twenty-seven chapters are arranged into sections covering research and library instruction, history and herstory, programming, collections, and beyond. Resources standing between you and the man you can be is one thing; the mask of masculinity Lewis Howes grew up as an athlete. He was a two-sport all-American played almost every sport in high school and went on to play football professionally.
Howes then transferred his competitive nature from sports to business building his podcast the School of Greatness into a global phenomenon and becoming successful beyond his wildest dreams but his whole identity was built on misguided beliefs about what masculinity was dangerous false ideas learned from teammates and coaches in locker rooms and stereotypes in the media like so many men Howes grew up to be angry frustrated and always chasing something that was never enough at 30 years old outwardly thriving but unfulfilled inside Howes began a personal journey to find inner peace and to uncover the many masks that men young and old wear by asking for advice from some of the world's best psychologists doctors and household names like Tony Robbins Alanis Morissette and Ray Lewis that journey created this book a must read for every man and for every woman who loves a man in the mask of masculinity a USA today bestseller Howes exposes the ultimate emptiness of the material mask the man who chases wealth above all things the cowering vulnerability that hides behind the joker and stoic masks of men who never show real emotion and the destructiveness of the invincible and aggressive masks worn by men who take insane risks or can never back down from a fight he teaches men how to break through the walls that hold them back and shows women how they can better understand the men in their lives it's not easy but if you want to love be loved and live a great life then it's an odyssey of self-discovery that all modern men must make what does it mean to be male in today's world this volume interrogates the myriad practices and myth making that underlie dominant and subordinate constructions of masculinities around the world challenging the patriarchal bias that restricts alternative understanding of masculinities this volume documents and shares evidence insights and direction on how men and boys can creatively contribute to gender equality in the twenty-first century the book highlights the many lives of men and their interactions with socioeconomic and political processes including the family fatherhood migration development and violence critiques hegemonic masculinities and grapples with effective practices that engage men in the empowerment of women explores how cultures of masculinity can be transformed to promote social justice conflict resolution and peace building within and across nations the book will be indispensable to researchers interested in critical masculinity studies women's studies sociology social anthropology law public policy political science and international relations it will also be of great relevance to government officials NGO activists and other practitioners concerned with gender health and development issues the persistence of stigma of mental illness and seeking therapy perpetuates suffering and keeps people from getting the help they need and deserve this volume analysing the most up to date research on this process and ways to intervene is designed to give those who are working to overcome stigma a strong research based foundation for their work chapters address stigma reduction efforts at the individual community and national levels and discuss what works and what doesn't others explore how holding different stigmatized identities compounds the burden of stigma and suggest ways to attend to these differences throughout there is a focus on the current state of the research knowledge in the field its applications and recommendations for future research the handbook provides a compelling case for the benefits reaped from current research and intervention and shows why continued work is needed Ronald F Levant ed D ABPP is professor emeritus of psychology the University of Akron Dr Levant earned his Bachelors in psychology from the University of California Berkeley and his doctorate in clinical psychology and public practice from Harvard University he served on the faculty of Boston University for 13 years where he directed the nationally prominent fatherhood project an innovative community outreach program that offered preventive psychological services to men and their families following a brief stint at Rutgers University with a joint appointment in the graduate schools of education and applied and professional psychology he served for seven years on the faculty of Harvard Medical School at the Cambridge Hospital and then for eight years as dean and professor center for psychological studies Nova Southeastern University at the University of Akron he served for four years as dean of the college of arts and sciences and nine years as professor of psychology Dr Levant has authored co authored edited or co edited 19 books and 250 peer refereed journal articles and book chapters in family and gender psychology and in advancing professional
practice worldwide men have more opportunities privileges and power yet they also have shorter life expectancies than women why is this why are there stark differences in the burden of disease quality of life and length of life amongst men by race ethnicity dis ability status sexual orientation gender identity rurality and national context why is this a largely unexplored area of research men s health equity is the first volume to describe men s health equity as a field of study that emerged from gaps in and between research on men s health and health inequities this handbook provides a comprehensive review of foundations of the field summarizes the issues unique to different populations discusses key frameworks for studying and exploring issues that cut across populations in the united states australia canada the united kingdom central america and south america and offers strategies for improving the health of key population groups and achieving men s health equity overall this book systematically explores the underlying causes of these differences describes the specific challenges faced by particular groups of men and offers policy and programmatic strategies to improve the health and well being of men and pursue men s health equity men s health equity will be the first collection to present the state of the science in this field its progress its breadth and its future this book is an invaluable resource for scholars researchers students and professionals interested in men s health equity men s health psychology of men s health gender studies public health and global health the routledge international handbook of masculinity studies provides a contemporary critical and scholarly overview of theorizing and research on masculinities as well as emerging ideas and areas of study that are likely to shape research and understanding of gender and men in the future the forty eight chapters of the handbook take an interdisciplinary approach to a range of topics on men and masculinities related to identity sex sexuality culture aesthetics technology and pressing social issues the handbook s transnational lens acknowledges both the localities and global character of masculinity a clear message in the book is the need for intersectional theorizing in dialogue with feminist queer and sexuality studies in making sense of men and masculinities written in a clear and direct style the handbook will appeal to students teachers and researchers in the social sciences and humanities as well as professionals practitioners and activists recognized experts in theory research and practice review and analyze historical achievements in research and practice from counseling psychology as well as outline exciting agendas for the near future for the newest domains of proficiencies and expertise this handbook examines the effects and influences on child and youth development of prejudice discrimination and inequity as well as other critical contexts including implicit bias explicit racism post immigration processes social policies parenting and media influences it traces the impact of bias and discrimination on children from infancy through emerging adulthood with implications for later years the handbook explores ways in which the expanding social economic and racial inequities in society are linked to increases in negative outcomes for children through exposure to adverse childhood experiences aces chapters examine a range of aces low income separation divorce family substance abuse and mental illness exposure to neighborhood and or domestic violence parental incarceration and displacement and parent loss through death chapters also discuss discrimination and prejudice within the adverse experiences of african american asian american european american latino native american arab american and sikh as well as lgbtq youth and non binary children additionally the handbook elevates dynamic aspects of resilience adjustment and the daily triumphs of children and youth faced with issues related to prejudice and differential treatment topics featured in the handbook include the intergenerational transmission of protective parent responses to historical trauma the emotional impact of the acting white accusation dreamers and their experience growing up undocumented in the usa online racial discrimination and its relation to mental health and academic outcomes teaching strategies for preventing bigoted behavior in class emerging areas such as sociopolitical issues gender prejudice and dating violence the handbook of children and prejudice is a must have resource for researchers graduate students clinicians therapists and other professionals in clinical child and school psychology social work public health developmental psychology pediatrics family studies juvenile justice child and adolescent psychiatry and
educational psychology engaging boys and men in sexual assault prevention theory research and practice explores sexual assault prevention programs for boys and men following an ecosystemic perspective the book examines individual risk and protective factors discusses initiatives to prevent sexual aggression i.e., bystander intervention programs given their use among men covers programs that specifically seek to engage boys and men in sexual assault prevention presents key risk and protective factors for sexual aggression i.e., healthy masculinity rape myth acceptance and describes the need and rationale for sexual assault prevention efforts addresses current challenges and controversies in the field of sexual assault prevention explores existing individual level workshops and media-based interventions that address men’s violence against women reviews the association between traditional masculine norms and sexual violence perpetration discusses international sexual assault prevention programs that engage boys and men highlight how aspects of hypermasculinity strongly correlate with sexual aggression provides an overview of research that examines risk factors for sexual aggression synthesizes the conceptualization of rape myths current assessments of rape myths and examines how rape myths function as a risk factor for perpetration this book is an ethnography of teachers and children in grades 1 and 2 and presents arguments about why we should take gender and childhood sexuality seriously in the early years of south african primary schooling taking issue with dominant discourses which assumes children’s lack of agency the book questions the epistemological foundations of childhood discourses that produce innocence it examines the paradox between teachers dominant narratives of childhood innocence and children’s own conceptualization of gender and sexuality inside the classroom with peers in heterosexual games in the playground and through boyfriend girlfriend relationships it examines the nuances and finely situated experiences which draw attention to hegemonic masculinity and femininity where boys and girls challenge and contest relations of power the book focuses on the early makings of gender and sexual harassment and shows how violent gender relations are manifest even amongst very young boys and girls attention is given to the interconnections with race class structural inequalities as well as the actions of boys and girls as navigate gender and sexuality at school the book argues that the early years of primary schooling are a key site for the production and reproduction of gender and sexuality gender reform strategies are vital in this sector of schooling a lively thought provoking exploration of the latest theory and practice in the psychology of women and gender edited by rhoda unger a pioneer in feminist psychology this handbook provides an extraordinarily balanced in depth treatment of major contemporary theories trends and advances in the field of women and gender bringing together contributions from leading u.s. and international scholars it presents integrated coverage of a variety of approaches ranging from traditional experiments to postmodern analyses conceptual models discussed include those that look within the individual between individuals and groups and beyond the person to the social structural frameworks in which people are embedded as well as biological and evolutionary perspectives multicultural and cross cultural issues are emphasized throughout including key variables such as sexual orientation race ethnicity and social class researchers and clinicians alike will appreciate the thorough review of the latest thinking about gender and its impact on physical and mental health which includes the emerging trends in feminist therapy and sociocultural issues important in the treatment of women of color in addressing developmental issues the book offers thought provoking discussions of new research into possible biological influences on gender specific behaviors the role of early conditioning by parents school and the media the role of mother and mothering gender in old age and more power and gender as well as the latest research findings on american men’s ambivalence toward women sexual harassment and violence against women are among the timely topics explored in viewing gender as a systemic phenomenon handbook of the psychology of women and gender is must reading for mental health researchers and practitioners as well as scholars in a variety of disciplines who want to stay current with the latest psychological psychosocial thinking on women and gender the sage encyclopedia of lgbtq studies 2nd edition will be a broad interdisciplinary product aimed at students and educators interested in an
interdisciplinary perspective on LGBTQ issues. This far-reaching and contemporary set of volumes is meant to examine and provide understandings of the lives and experiences of LGBTQ individuals with attention to the contexts and forces that shape their world. The volume will address questions such as what are the key theories used to understand variations in sexual orientation and gender identity, how do LGBTQ people experience the transition to parenthood, how does sexual orientation intersect with other key social locations e.g., race, to shape experience and identity, what does LGBTQ affirmative therapy look like, how have anti-LGBTQ ballot measures affected LGBTQ people, what are LGBTQ people’s experiences during COVID-19, how were LGBTQ people impacted by the Trump administration, what is life like for LGBTQ people living outside the United States? This encyclopedia will be a unique product on the market—a reference work that looks at LGBTQ issues and identity primarily through the lenses of psychology, human development, and sociology, and emphasizing queer feminist and ecological perspectives on this topic. Entries will be written by top researchers and clinicians across multiple fields—psychology, human development, gender queer studies, sexuality studies, social work, nursing, cultural studies, education, family studies, medicine, public health, and sociology. Contributing to approximately 450-500 signed entries, all entries will include cross-references and further readings. Navigating life transitions for meaning explores the central human motivation of meaning making and its counterpart—meaning disruption. The book describes different types of specific transitions, details how specific transitions affect individuals differently, and provides appropriate clinical approaches. The book examines the effects of life transitions on the component parts of meaning in life, including making sense, coherence, driving life goals, purpose, significance, mattering, and continuity. It covers a range of transitions, including developmental, e.g., adolescence to adulthood, personal, e.g., illness onset, becoming a parent, and bereavement, and career, e.g., military deployment, downshifting, and retiring. Life transitions are experienced by all persons, and the influence of those transitions is tremendous. It is essential for clinicians to understand how transitions can disrupt life and how to help clients successfully navigate these changes. The book covers cultural transitions such as immigration and religious conversion, examines health transitions such as cancer survivorship and acquired disability, uses a positive psychology framework to understand transitions, includes bulleted take-away summaries of key points in each chapter, provides clinical applications of theory to practice. This book explores how boys from low socioeconomic status backgrounds disengage from their education and are resultantly severely underrepresented in post-compulsory education for those who attend university, many will be first in their family as first in family students, they may encounter significant barriers which may limit their participation in university life and their acquisition of social and cultural capital. Drawing on a longitudinal study of young Australian men pursuing higher education, the book provides the first detailed account of socially mobile working class masculinities, investigating the experiences of these young men. This book analyses their acclimatisation to new learning environments as well as their changing subjectivities. The monograph draws on various sociological theories to analyse empirical data and make practical recommendations which will drive innovation in widening participation initiatives. Internationally, this book will be of interest to scholars interested in widening participation, transitions, social mobility, and critical studies of men and masculinities. Boys and men with eating disorders remain a population that is under-recognized and underserved within both research and clinical contexts. It has been well documented that boys and men with eating disorders often exhibit distinct clinical presentations with regard to core cognitive, e.g., body image, and behavioral, e.g., pathological exercise symptoms. Such differences, along with the greater likelihood of masculinity-oriented disordered eating among boys and men, emphasize the importance of understanding and recognizing unique factors of clinical relevance within this population. This book reviews the most up-to-date research findings on eating disorders among boys and men, with an emphasis on clinically salient information across multiple domains. Five sections are included, with the first focused on a historical overview and the unique nature and prevalence of specific forms of eating disorder symptoms and body image concerns in boys and men. The second section details population-specific considerations for the diagnosis and
assessment of eating disorders body image concerns and muscle dysmorphia in boys and men the third section identifies unique concerns regarding medical complications and care in this population including medical complications of appearance and performance enhancing substances the fourth section reviews current findings and considerations for eating disorder prevention and intervention for boys and men the fifth section of the book focuses on specific populations e.g., sexual minorities, gender minorities and addresses sociocultural factors of particular relevance for eating disorders in boys and men e.g., racial and ethnic considerations cross cultural considerations the book then concludes with a concise overview of key takeaways and a focused summary of current evidence gaps and unanswered questions as well as directions for future research written by experts in the field eating disorders in boys and men is a comprehensive guide to an under-reported topic it is an excellent resource for primary care physicians, adolescent medicine physicians, pediatricians, psychologists, clinical social workers, and any other professional conducting research with or providing clinical care for boys and men with eating disorders it is also an excellent resource for students, residents, fellows, and trainees across various disciplines this book provides an in-depth exploration of sexual consent communication and negotiation practices among students and efforts to prevent and respond to sexual coercion and violence within the context of North American higher education institutions delving into the complexities of communication around sexual consent it examines how factors such as identity early learning experiences, societal norms, and coercive elements influence interactions among young adult postsecondary students it emphasizes the importance of agency in intimate settings and how this is shaped by these factors. The methodology employed in this decade-long research is innovative and interview-based, providing a rich narrative from student perspectives. These narratives serve to highlight the intricate interplay between individual agency and societal expectations in intimate situations. The book also incorporates valuable insights from other experts in the field. These contributions serve to contextualize the study’s findings within the broader theoretical framework and research on the subject. This approach not only enriches the descriptions of the study but also provides a more holistic understanding of the topic as such the book ultimately helps to inform educational policies and professional practices to promote sexual agency and address pressing issues such as sexual coercion, violence, and assault on campus. This volume will appeal to researchers and stakeholders in higher education, including educators, upper level students, professional practitioners and parents. In doing so, it contributes to the conversation around creating a safer and more respectful environment in higher education institutions for any student or practitioner needing to gain a sound understanding of the complex fields of gender variance, gender identity, and gender dysphoria. This book provides the ideal starting point for the knowledge and skills that you need, emphasising the need for affirmative practice in gender care. It provides an overview of the subject areas and process issues which most commonly arise in counselling combining theoretical with practical perspectives. It explores the diverse range of identities including masculinity, femininity, non-binary gender dysphoria, trans, and cisgender. It also addresses challenges which many clients experience in their daily lives in the workplace when coming out when transitioning and in intimate relationships. The authors highlight the importance of education and reflection to enable good practice. They feature case studies, vignettes, and reflective exercises throughout the text, making it a useful tool for professional development as well as suitable as a text for students. Adolescent girls’ wellbeing is under threat as they face pressure to achieve academically while simultaneously negotiating a life dominated by social media. An unrelenting focus on appearance, cyberbullying, sexual harassment, and ready access to pornography characterised by male violence to women. The sociocultural environment presents significant risks for girls’ mental health. Yet clinical psychology remains largely focused on the individual cultural factors, are also overshadowed by postfeminist forces, and a renewed emphasis on biological determinants of psychological sex differences. Clinical psychology and adolescent girls in a postfeminist era goes back to first principles and revisits the question of the place of nature and nurture in children’s development in the light of what we now know about neural plasticity.
dynamic systems and gender socialisation feminism and its sometimes uncomfortable relationship with psychology is discussed as are the meaning and implications of postfeminism and whether girls have special strengths practice principles and specific ideas for practice with today s girls are all included finally there is a complementary chapter on working with adolescent boys feminist writings about psychotherapy with women had their heyday some time ago and some see boys as the ones who now need special attention this book contends that the changing pressures of today s western world call for a renewed interest in specialised practice with girls taking account of up to date theories about child development and exploring the idea of expanding clinical practice beyond the individual a thorough and contemporary exploration of issues fundamental to multicultural competency handbook of multicultural counseling competencies draws together an expert group of contributors who provide a wide range of viewpoints and personal experiences to explore the identification and development of specific competencies necessary to work effectively with an increasingly diverse population beginning with a foreword by derald wing sue this unique handbook offers a broad comprehensive view of multiculturalism that is inclusive and reflective the coverage in this important book lies beyond the scope of traditionally defined multiculturalism with discussion of historically overlooked groups that have experienced prejudice and bias because of their size social class age language disability or sexual orientation this book provides readers with practical cases and examples to enhance skill development promote critical thinking and increase awareness a cross section of diversity characteristics and best practice guidelines examination of detailed developmentally relevant competency categories resources and exercises designed for practitioners at various levels of experience and expertise a forum for debate discussion and growth designed to help readers enhance general multicultural competency and their ability to provide services to the populations specifically described this thought provoking text will prove useful in facilitating ongoing dialogues about multicultural competence in all its variations conforming to gender stereotypes is a choice not a requirement you decide this timely workbook provides a road map to help you discover what kind of man you want to be as a teen you may be under intense pressure to conform to society s stereotypes of masculinity often referred to as the guy code limiting and unhealthy gender stereotypes and social practices are pervasive even across cultures and research shows that strict adherence to the rules of the code or extreme forms of traditional masculinity such as suppressing your feelings acting tough and in control and objectifying girls and women can lead to emotional issues aggression low self esteem more risk taking misogyny and homophobia and even negative health outcomes like depression and anxiety so how do you navigate these mixed messages this is the workbook you need you ll find fun and engaging activities that will empower you to define what being a guy means to you whatever that is you ll learn all about how our world views masculinity the good the bad and the toxic you ll find tips and tools to help you face difficult thoughts and emotions rather than trying to avoid them and ask for help when you need it most importantly you ll discover that there s no right way to be a guy there s just what s right for you a psychology of women textbook that fully integrates transgender research issues and concerns with clear comprehensive and cutting edge coverage the psychology of women and gender half the human experience delivers an authoritative analysis of classical and up to date research from a feminist psychological viewpoint authors nicole m else quest and janet shibley hyde examine the cultural and biological similarities and differences between genders noting how these characteristics can affect issues of equality students will come away with a strong foundation for understanding the dynamic influences of gender sexual orientation and ethnicity in the context of psychology and society the tenth edition further integrates intersectionality throughout every chapter updates language for more transgender inclusion and incorporates new content from guidelines put forth from the american psychological association individual differences represent one of the oldest research areas within psychology and serve as the nature component critical for understanding human behaviour this domain s constructs have long been applied in organizational spheres including organizational behaviour organizational psychology managerial psychology personnel
psychology leadership and management as a result there exists a vast body of literature exploring the role of individual differences in organizational settings the oxford handbook of individual differences in organizational contexts reviews the individual differences paying attention both to psychological differences e.g., personality traits, dark personality traits, intelligence types, self-monitoring, chronic regulatory focus and biological physiological differences e.g., sex, age, facial morphology, genetic differences, neurological differences in doing so it serves two purposes first it aims to help decrease fragmentation in the field and facilitate discussions among different streams of research within this literature secondly it aims to render this literature more accessible to academics and students wishing to deepen their understanding of individual differences comprising twenty-six chapters authored by fifty-seven esteemed academics this book facilitates readers in comprehending the key findings questions and future research areas of individual differences research in organizational contexts this book can be of interest also to practitioners that need a deep understanding of individual differences such as HR managers and recruiters the Iranian metoo movement was a crucial form of resistance with ordinary Iranian women sharing their experiences of sexual harassment and assault in the public sphere of digital media this is the first book of its kind providing a comprehensive analysis of the Iranian metoo movement based on archival, empirical, ethnographic, literary, and cultural research the contributors discuss the abuse of women and society's responses to it contextualizing the historical framework of Iranian metoo activism within larger Iranian feminist movements as well as the historical background within the context of Middle East the contributors address how the privileged position of men who have been outed as rapists helps them to aggregate social, political, sexual, and economic capital through various networks in order to delegitimize the narratives of survivors the volume also covers the intersections of various systems of oppression specifically highlighting marginalized voices the contributors highlight the power dynamics within digital feminist networks in Iran and its unique attributes due to political, social, and religious structures the volume ends with a chapter focusing on cultural productions specifically cinematic works through which some filmmakers have challenged normalizations of sexual harassment by offering alternative discourses which have arguably paved the way for the metoo in Iran movement

APA Handbook of Men and Masculinities 2016

the psychology of men and masculinities is a broad interdisciplinary field devoted to the study of how men's and boys' lives are shaped by biopsychosociocultural influences as well as the constellation of meanings associated with the male biological sex the use of the term masculinities reflects the editors' belief that there are diverse meanings associated with being male that vary across time, situations, social groups, and cultures in the past three decades there has been an exponential growth in empirical psychological research on men and masculinities although this emerging body of research has yet to be appropriately summarized, synthesized, and critically evaluated this APA handbook addresses that lack with a strong focus on psychological science it tackles the full spectrum of the theoretical, empirical, and practical not only focusing on the extant literature in traditional areas of men and masculinities but also highlighting new and emerging scholarship the handbook is divided into four sections the first section addresses historical conceptual and methodological issues readers will be exposed to a wide range of theoretical perspectives on men and masculinities e.g., biological, evolutionary, social norms, gender role conflict social constructionist and feminist as well as methodological quantitative and qualitative approaches to studying men and masculinities the second section examines specific populations of men with a strong focus on developmental cultural and sexual orientation diversity the third section focuses on specific topics
relevant to men’s lives such as careers education sexism violence and emotions the fourth and final section addresses several application domains including men’s helping seeking patterns physical health mental health and experience of psychotherapy each chapter investigates future directions along with unresolved issues or emerging concerns

**Handbook of Studies on Men and Masculinities 2005**

the handbook provides a broad view of masculinities primarily across the social sciences but including important debates in areas of the humanities natural sciences

**The Palgrave Handbook of Masculinity and Sport 2019-09-04**

over the past two decades there has been a rapid transformation of masculinities in the west largely facilitated by a decline in cultural homophobia the significant changes in the expression of masculinity particularly among younger generations of men have been particularly evident in men’s team sports which have become an increasingly diverse and inclusive culture drawing upon work from a wide range of established and emerging international scholars this handbook provides a comprehensive and interdisciplinary analysis of the contemporary relationship between masculinity and sport it covers a range of areas including history media gender sexuality race violence and fandom considering how they impact a range of different sports across the world students and scholars across many disciplines will find the unparalleled overview provided by these specially commissioned chapters an invaluable resource

**Handbook of the Psychology of Fatherhood 2022-11-21**

this handbook examines the psychology of fatherhood throughout the lifespan and across multiple contexts it synthesizes the trajectory of research and theorization of fathering that has traditionally dominated fatherhood literature the book explores fathering within the developmental stages of children from infancy to adulthood in addition it addresses the health and well being of fathers from the perinatal period onward with a focus on isolation loss trauma and mental and physical health the book emphasizes positive fatherhood and masculinity thereby offering new perspectives of fatherhood it synthesizes cutting edge research on the intersectionality of fathering and provides knowledge of fatherhood for diverse populations including military lgbtq and fathers on the margins the handbook reviews clinical assessment as well as community based
Man Kind 2022-12-27

A ground breaking guide that provides men with tools to improve their mental health and well being masculinity requires a redesign men exhibit higher rates of suicide lower rates of help seeking higher rates of substance use and abuse and higher rates of anger and violence how can this change in man kind counseling psychologist zachary gerdes phd provides a framework for improving men s mental health and well being while redefining what it means to be masculine rather than following a traditional view of masculinity focused on stoicism patriarchy and self reliance gerdes provides his lift model a road map to help men foster collaboration understand when and how to utilize resources and build mental resilience and flexibility in this empowering book gerdes helps men understand their thoughts and behaviors from a psychological perspective provides steps to help men change behaviors that are detrimental to their health and relationships outlines a model for healthy masculinity that incorporates psychological and relational practices for improving well being includes strategies for improving cognitive insight elevating emotionality reinvigorating relationships and overcoming oppression and oppressiveness illustrates how certain behaviors are not necessarily masculine but merely the result of social conditioning explains the latest psychological and social science research on gender identity and masculinity to provide a scientific foundation for improving men s mental health operates on the leverage insight freedom truth lift model which gerdes developed as an intervention to improve various health outcomes in men man kind provides men with the tools they need to improve their mental health and well being

Routledge International Handbook of Masculinity Studies 2021-09-30

The Routledge International Handbook of Masculinity Studies provides a contemporary critical and scholarly overview of theorizing and research on masculinities as well as emerging ideas and areas of study that are likely to shape research and understanding of gender and men in the future the forty eight chapters of the handbook take an interdisciplinary approach to a range of topics on men and masculinities related to identity sex
Handbook of Anger, Aggression, and Violence 2023-09-25

this handbook provides a detailed overview of the emotional physical and social implications of anger aggression and violence the book covers the recognition diagnosis and evaluation of these areas aiming to understand the aetiology of these behavioral features to assist with prevention and cure the book is divided into eight sections placing aggression anger aggression and violence in context causes and precipitation of anger aggression and violence features of anger aggression and violence anger aggression and violence in defined disorders and conditions physical measures of pathology and insights genetics physical measures of pathology and insights non genetic treatments and therapies methods and techniques handbook of anger aggression and violence will be of use for behavioral scientists psychologists psychiatric nurses and doctors neurologists health scientists general practitioners research scientists and all those interested in altered behavior

Reclaiming Men's Spirituality 2024-02-16

reclaiming men's spirituality is a study that investigates men's spirituality by exploring three research questions can a form of spirituality about men be identified and described how can this spirituality be examined and what is it that needs to be reclaimed to answer these questions and at the same time remain committed to the importance of lived experience this study opted to investigate the lives of men by attending to ten spiritual histories the study is situated in malta and the ten spiritual histories provide access to various features expressions and contours that relate closely to men's being semi structured interviews were also conducted with ten spiritual directors who have men as spiritual directees their contribution clarifies the structure of men's spirituality the effort required when directing male spiritual directees and the impact generated in the lives of men thanks to spiritual direction to provide a frame of reference for the examination of all the gathered data john of the cross's spiritual framework has been chosen as the mystical instrument against which men's spiritualities are studied leading to richer insights into the operations motives goals and problems of such spiritualities
The Psychology of Men in Context 2019-09-02

what does it really mean to say that boys will be boys men are from mars or that contemporary men are in crisis does modern psychology support or refute these notions and how is psychological theory and research about boys and men used in society the psychology of men in context is an essential introduction to the field which challenges readers to examine psychological research on men masculinity and gender and consider its impact on daily life through everyday speech popular media political rhetoric and more the authors offer a range of lenses for studying masculinity including biology social learning social constructionism feminism and intersectionality demonstrating how these frameworks can be used to understand research on pressing topics such as violence health and relationships the book also considers masculinity in its broader philosophical and historical contexts equipping readers with the tools needed to connect the psychology of men with other areas of social science exercises and prompts to help students relate the research to their own lives are included throughout designed for students at undergraduate and graduate level but suitable for anyone curious about understanding the field from a more critical social scientific perspective the psychology of men in context is a valuable introduction to the history current scholarship and social implications of the psychological study of men and masculinity

Religion, Spirituality, and Masculinity 2019-04-25

religion spirituality and masculinity provides concrete practical suggestions for mental health professionals drawing from decades of clinical experience working with men and interdisciplinary insights from psychology sociology religion and more the authors explore some of the most salient aspects of men s mental and spiritual health chapters focus on topics such as men s relationships to religion and to masculinity shame and forgiveness and concerns such as pornography use and drifting between religious affiliations in addition to relevant theory and research each chapter includes a case study and clear science informed strategies that can be incorporated into everyday practice in ways that improve men s health and wellbeing

Contemporary Irish Masculinities 2023-12-20

by examining portrayals of male homosociality in sally rooney s novels the book documents how male relationships are formed challenged and often disavowed and the profound negative effects this can have for the wellbeing of men the book also highlights the importance of the sociocultural context within which male relationships are formed and supports that the potential for healthy and meaningful relationships between men depends on how they are brought up to view themselves as men and their role in the society they live in that is despite the many examples whereby space for authentic and meaningful male homosociality is limited and well concealed the book also offers a more optimistic potential for
men's relationships by illustrating the significance of broader understandings of masculinity unfettered by homophobia and misogyny in allowing for male homosociality with the potential of emancipating men from heteropatriarchal norms which dictate their behaviour toward themselves and others.

**The Oxford Handbook of Undergraduate Psychology Education 2015**

The Oxford Handbook of Undergraduate Psychology Education is dedicated to providing comprehensive coverage of teaching pedagogy and professional issues in psychology. The handbook is designed to help psychology educators at each stage of their careers from teaching their first courses and developing their careers to serving as department or program administrators. The goal of the handbook is to provide teachers, educators, researchers, scholars, and administrators in psychology with current practical advice on course creation, best practices in psychology pedagogy, course content recommendations, teaching methods, and classroom management strategies. Advice on student advising and administrative and professional issues such as managing one's career, chairing the department, organizing the curriculum, and conducting assessment among other topics. The primary audience for this handbook is college and university level psychology teachers at both two and four year institutions. The handbook is also relevant to department chairs and other psychology program administrators who want to improve teaching and learning within their departments. Faculty members in other social science disciplines, e.g., sociology, education, political science will find material in the handbook to be applicable or adaptable to their own programs and courses.

**Reflective Theory and Practice in Teacher Education 2017-03-30**

This book offers a detailed examination of reflective practice in teacher education in the current educational context where reflective practice has been mandated in professional standards for teachers in many countries. It analyses research-based evidence for the power of reflective practice to shape better educational outcomes. The book presents multiple theoretical and practical views of this often taken for granted practice so that readers are challenged to consider how factors such as gender and race shape understandings of reflective practice. The book aims to enhance learning by discussing reflective practice across the globe. It includes research-based evidence for the power of reflective practice to shape better educational outcomes. The book highlights the professional thinking that is integral to teaching and demonstrates ways it can be encouraged in beginning teachers. It also includes a critical examination of methodological issues in analysing and evaluating reflective practice and showcases the kind of reflective practice that empowers teachers and pre-service teachers to make a difference to students.
this book fills a major gap in the literature by providing comprehensive guidelines for the care of male patients through the lifecycle and across healthcare settings devoted solely to improving men's health. This book serves as an accessible practical reference for clinicians treating these patients. It focuses on the psychosocial challenges that men encounter in obtaining healthcare as well as acute and chronic medical and psychological diseases. The book also offers current evidence-based guidelines for wellness and health maintenance. Topics include the problem of help seeking, preventative services, sexual dysfunction, cardiovascular health, prostate cancer screening, and testosterone deficiency. Men's Health in Primary Care is a valuable resource for primary care clinicians and students in family medicine, internal medicine, and adolescent medicine.

Routledge Handbook on Men, Masculinities and Organizations 2023-11-24

This handbook provides new theoretical and empirical insights into men's practices and masculinities across many kinds of organizations and forms of organizing. Most mainstream studies of organizations, leadership, and management do not seem to notice they are often talking a lot about men and masculinities. The handbook challenges this general tendency to avoid gendering men by bringing together a range of theoretical and methodological approaches that engage with not only formal organizations such as businesses and state organizations but also processes of organizing within and beyond organizations. Addressing emergent and future issues on men, masculinities, and organizations such as tech masculinities, men's emotions, sexualities, and violences, animal advocacy, and environmental issues, and men and masculinities in pandemics, targeted at scholars, policymakers, practitioners, and students interested in links between men, masculinities, organizations, and organizing, this landmark handbook is an invaluable resource for those working in and beyond such fields as gender studies, organization leadership and management studies, political science, sociology, social and public policy, and social movement studies.

Gender Issues and the Library 2017-11-06

With the legalization of same-sex marriage and the explosion of LGBTQ news coverage in recent years, gender studies is a subject of intense interest in popular media and a part of the curriculum at many colleges. Libraries realize the importance of supporting the field yet many have difficulty finding resources and programming ideas. This book provides case studies and a range of innovative solutions for better meeting patron needs. Twenty-seven chapters are arranged into sections covering research and library instruction, history and herstory, programming, collections, and beyond and resources.
The Mask of Masculinity 2017-10-31

Standing between you and the man you can be is one thing the mask of masculinity Lewis Howes grew up as an athlete he was a two sport all American played almost every sport in high school and went on to play football professionally Howes then transferred his competitive nature from sports to business building his podcast The School of Greatness into a global phenomenon and becoming successful beyond his wildest dreams but his whole identity was built on misguided beliefs about what masculinity was dangerous false ideas learned from teammates and coaches in locker rooms and stereotypes in the media like so many men Howes grew up to be angry frustrated and always chasing something that was never enough at 30 years old outwardly thriving but unfulfilled inside Howes began a personal journey to find inner peace and to uncover the many masks that men young and old wear by asking for advice from some of the world's best psychologists doctors and household names like Tony Robbins Alanis Morissette and Ray Lewis that journey created this book a must read for every man and for every woman who loves a man in the mask of masculinity A USA Today bestseller Howes exposes the ultimate emptiness of the material mask the man who chases wealth above all things the cowering vulnerability that hides behind the joker and stoic masks of men who never show real emotion and the destructiveness of the invincible and aggressive masks worn by men who take insane risks or can never back down from a fight he teaches men how to break through the walls that hold them back and shows women how they can better understand the men in their lives it's not easy but if you want to love be loved and live a great life then it's an odyssey of self discovery that all modern men must make

Global Masculinities 2018-11-20

What does it mean to be male in today's world this volume interrogates the myriad practices and myth making that underlie dominant and subordinate constructions of masculinities around the world challenging the patriarchal bias that restricts alternative understanding of masculinities this volume documents and shares evidence insights and direction on how men and boys can creatively contribute to gender equality in the twenty first century the book highlights the many lives of men and their interactions with socioeconomic and political processes including the family fatherhood migration development and violence critiques hegemonic masculinities and grapples with effective practices that engage men in the empowerment of women explores how cultures of masculinity can be transformed to promote social justice conflict resolution and peace building within and across nations the book will be indispensable to researchers interested in critical masculinity studies women's studies sociology social anthropology law public policy political science and international relations it will also be of great relevance to government officials NGO activists and other practitioners concerned with gender health and development issues
The Cambridge Handbook of Stigma and Mental Health 2022-08-11

the persistence of stigma of mental illness and seeking therapy perpetuates suffering and keeps people from getting the help they need and
deserve this volume analysing the most up to date research on this process and ways to intervene is designed to give those who are working to
overcome stigma a strong research based foundation for their work chapters address stigma reduction efforts at the individual community and
national levels and discuss what works and what doesn t others explore how holding different stigmatized identities compounds the burden of
stigma and suggest ways to attend to these differences throughout there is a focus on the current state of the research knowledge in the field its
applications and recommendations for future research the handbook provides a compelling case for the benefits reaped from current research
and intervention and shows why continued work is needed

The Tough Standard 2020

ronald f levant ed d abpp is professor emeritus of psychology the university of akron dr levant earned his bachelors in psychology from the
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graduate schools of education and applied and professional psychology he served for seven years on the faculty of harvard medical school at the
cambridge hospital and then for eight years as dean and professor center for psychological studies nova southeastern university at the university
of akron he served for four years as dean of the college of arts and sciences and nine years as professor of psychology dr levant has authored co
authored edited or co edited 19 books and 250 peer refereed journal articles and book chapters in family and gender psychology and in
advancing professional practice

Men’s Health Equity 2019-04-25

worldwide men have more opportunities privileges and power yet they also have shorter life expectancies than women why is this why are there
stark differences in the burden of disease quality of life and length of life amongst men by race ethnicity dis ability status sexual orientation gender
identity rurality and national context why is this a largely unexplored area of research men s health equity is the first volume to describe men s
health equity as a field of study that emerged from gaps in and between research on men s health and health inequities this handbook provides a
comprehensive review of foundations of the field summarizes the issues unique to different populations discusses key frameworks for studying
and exploring issues that cut across populations in the united states australia canada the united kingdom central america and south america and offers strategies for improving the health of key population groups and achieving men’s health equity overall this book systematically explores the underlying causes of these differences describes the specific challenges faced by particular groups of men and offers policy and programmatic strategies to improve the health and well being of men and pursue men’s health equity men’s health equity will be the first collection to present the state of the science in this field its progress its breadth and its future this book is an invaluable resource for scholars researchers students and professionals interested in men’s health equity men’s health psychology of men’s health gender studies public health and global health

Routledge International Handbook of Masculinity Studies 2019-11-20

the routledge international handbook of masculinity studies provides a contemporary critical and scholarly overview of theorizing and research on masculinities as well as emerging ideas and areas of study that are likely to shape research and understanding of gender and men in the future the forty eight chapters of the handbook take an interdisciplinary approach to a range of topics on men and masculinities related to identity sex sexuality culture aesthetics technology and pressing social issues the handbook’s transnational lens acknowledges both the localities and global character of masculinity a clear message in the book is the need for intersectional theorizing in dialogue with feminist queer and sexuality studies in making sense of men and masculinities written in a clear and direct style the handbook will appeal to students teachers and researchers in the social sciences and humanities as well as professionals practitioners and activists

The Oxford Handbook of Counseling Psychology 2012

recognized experts in theory research and practice review and analyze historical achievements in research and practice from counseling psychology as well as outline exciting agendas for the near future for the newest domains of proficiencies and expertise

Handbook of Children and Prejudice 2019-05-21

this handbook examines the effects and influences on child and youth development of prejudice discrimination and inequity as well as other critical contexts including implicit bias explicit racism post immigration processes social policies parenting and media influences it traces the impact of bias and discrimination on children from infancy through emerging adulthood with implications for later years the handbook explores
ways in which the expanding social economic and racial inequities in society are linked to increases in negative outcomes for children through exposure to adverse childhood experiences aces chapters examine a range of aces low income separation divorce family substance abuse and mental illness exposure to neighborhood and or domestic violence parental incarceration immigration and displacement and parent loss through death chapters also discuss discrimination and prejudice within the adverse experiences of african american asian american european american latino native american arab american and sikh as well as lgbtq youth and non binary children additionally the handbook elevates dynamic aspects of resilience adjustment and the daily triumphs of children and youth faced with issues related to prejudice and differential treatment topics featured in the handbook include the intergenerational transmission of protective parent responses to historical trauma the emotional impact of the acting white accusation dreamers and their experience growing up undocumented in the usa online racial discrimination and its relation to mental health and academic outcomes teaching strategies for preventing bigoted behavior in class emerging areas such as sociopolitical issues gender prejudice and dating violence the handbook of children and prejudice is a must have resource for researchers graduate students clinicians therapists and other professionals in clinical child and school psychology social work public health developmental psychology pediatrics family studies juvenile justice child and adolescent psychiatry and educational psychology

**Engaging Boys and Men in Sexual Assault Prevention 2022-03-18**

engaging boys and men in sexual assault prevention theory research and practice explores sexual assault prevention programs for boys and men following an ecosystemic perspective the book examines individual risk and protective factors discusses initiatives to prevent sexual aggression i.e. bystander intervention programs given their use among men covers programs that specifically seek to engage boys and men in sexual assault prevention presents key risk and protective factors for sexual aggression i.e. healthy masculinity rape myth acceptance and describes the need and rationale for sexual assault prevention efforts addresses current challenges and controversies in the field of sexual assault prevention explores existing individual level workshops and media based interventions that address men’s violence against women reviews the association between traditional masculine norms and sexual violence perpetration discusses international sexual assault prevention programs that engage boys and men highlight how aspects of hypermasculinity strongly correlate with sexual aggression provides an overview of research that examines risk factors for sexual aggression synthesizes the conceptualization of rape myths current assessments of rape myths and examines how rape myths function as a risk factor for perpetration

**Gender and Childhood Sexuality in Primary School 2016-10-12**
this book is an ethnography of teachers and children in grades 1 and 2 and presents arguments about why we should take gender and childhood sexuality seriously in the early years of south african primary schooling taking issue with dominant discourses which assumes children s lack of agency the book questions the epistemological foundations of childhood discourses that produce innocence it examines the paradox between teachers dominant narratives of childhood innocence and children s own conceptualisation of gender and sexuality inside the classroom with peers in heterosexual games in the playground and through boyfriend girlfriend relationships it examines the nuances and finely situated experiences which draw attention to hegemonic masculinity and femininity where boys and girls challenge and contest relations of power the book focuses on the early makings of gender and sexual harassment and shows how violent gender relations are manifest even amongst very young boys and girls attention is given to the interconnections with race class structural inequalities as well as the actions of boys and girls as navigate gender and sexuality at school the book argues that the early years of primary schooling are a key site for the production and reproduction of gender and sexuality gender reform strategies are vital in this sector of schooling

Handbook of the Psychology of Women and Gender 2004-04-21

a lively thought provoking exploration of the latest theory and practice in the psychology of women and gender edited by rhoda unger a pioneer in feminist psychology this handbook provides an extraordinarily balanced in depth treatment of major contemporary theories trends and advances in the field of women and gender bringing together contributions from leading u s and international scholars it presents integrated coverage of a variety of approaches ranging from traditional experiments to postmodern analyses conceptual models discussed include those that look within the individual between individuals and groups and beyond the person to the social structural frameworks in which people are embedded as well as biological and evolutionary perspectives multicultural and cross cultural issues are emphasized throughout including key variables such as sexual orientation race ethnicity and social class researchers and clinicians alike will appreciate the thorough review of the latest thinking about gender and its impact on physical and mental health which includes the emerging trends in feminist therapy and sociocultural issues important in the treatment of women of color in addressing developmental issues the book offers thought provoking discussions of new research into possible biological influences on gender specific behaviors the role of early conditioning by parents school and the media the role of mother and mothering gender in old age and more power and gender as well as the latest research findings on american men s ambivalence toward women sexual harassment and violence against women are among the timely topics explored in viewing gender as a systemic phenomenon handbook of the psychology of women and gender is must reading for mental health researchers and practitioners as well as scholars in a variety of disciplines who want to stay current with the latest psychological psychosocial thinking on women and gender

The Sage Encyclopedia of LGBTQ+ Studies, 2nd Edition 2024-01-09
the sage encyclopedia of lgbtq studies 2nd edition will be a broad interdisciplinary product aimed at students and educators interested in an interdisciplinary perspective on lgbtq issues this far reaching and contemporary set of volumes is meant to examine and provide understandings of the lives and experiences of lgbtq individuals with attention to the contexts and forces that shape their world the volume will address questions such as what are the key theories used to understand variations in sexual orientation and gender identity how do lgbtq people experience the transition to parenthood how does sexual orientation intersect with other key social locations e.g., race to shape experience and identity what does lgbtq affirmative therapy look like how have anti-lgbtq ballot measures affected lgbtq people what are lgbtq people’s experiences during covid-19 how were lgbtq people impacted by the trump administration what is life like for lgbtq people living outside the united states this encyclopedia will be a unique product on the market a reference work that looks at lgbtq issues and identity primarily through the lenses of psychology human development and sociology and emphasizing queer feminist and ecological perspectives on this topic entries will be written by top researchers and clinicians across multiple fields psychology human development gender queer studies sexuality studies social work nursing cultural studies education family studies medicine public health and sociology contributing to approximately 450-500 signed entries all entries will include cross references and further readings.

Navigating Life Transitions for Meaning 2020-07-07

Navigating Life Transitions for Meaning explores the central human motivation of meaning making and its counterpart meaning disruption. The book describes different types of specific transitions, details how specific transitions affect an individual differently, and provides appropriate clinical approaches. The book examines the effects of life transitions on the component parts of meaning in life, including making sense, coherence, driving life goals, purpose, significance, mattering, and continuity. The book covers a range of transitions including developmental, personal, and career transitions. Life transitions are experienced by all persons, and the influence of those transitions is tremendous. It is essential for clinicians to understand how transitions can disrupt life and how to help clients successfully navigate these changes. Covers cultural transitions such as immigration and religious conversion. Examines health transitions such as cancer survivorship and acquired disability. Uses a positive psychology framework to understand transitions includes bulleted take-away summaries of key points in each chapter provides clinical applications of theory to practice.

Self-Made Men 2022-07-14

This book explores how boys from low socioeconomic status backgrounds disengage from their education and are resultantly severely underrepresented in post-compulsory education. For those who attend university many will be first in their family as first in family students, they may
encounter significant barriers which may limit their participation in university life and their acquisition of social and cultural capital drawing on a longitudinal study of young Australian men pursuing higher education the book provides the first detailed account of socially mobile working class masculinities investigating the experiences of these young men this book analyses their acclimatisation to new learning environments as well as their changing subjectivities the monograph draws on various sociological theories to analyse empirical data and make practical recommendations which will drive innovation in widening participation initiatives internationally this book will be of interest to scholars interested in widening participation transitions social mobility and critical studies of men and masculinities

Eating Disorders in Boys and Men 2021-04-12

boys and men with eating disorders remain a population that is under recognized and underserved within both research and clinical contexts it has been well documented that boys and men with eating disorders often exhibit distinct clinical presentations with regard to core cognitive e.g. body image and behavioral e.g. pathological exercise symptoms such differences along with the greater likelihood of muscularity oriented disordered eating among boys and men emphasize the importance of understanding and recognizing unique factors of clinical relevance within this population this book reviews the most up to date research findings on eating disorders among boys and men with an emphasis on clinically salient information across multiple domains five sections are included with the first focused on a historical overview and the unique nature and prevalence of specific forms of eating disorder symptoms and body image concerns in boys and men the second section details population specific considerations for the diagnosis and assessment of eating disorders body image concerns and muscle dysmorphia in boys and men the third section identifies unique concerns regarding medical complications and care in this population including medical complications of appearance and performance enhancing substances the fourth section reviews current findings and considerations for eating disorder prevention and intervention for boys and men the fifth section of the book focuses on specific populations e.g. sexual minorities gender minorities and addresses sociocultural factors of particular relevance for eating disorders in boys and men e.g. racial and ethnic considerations cross cultural considerations the book then concludes with a concise overview of key takeaways and a focused summary of current evidence gaps and unanswered questions as well as directions for future research written by experts in the field eating disorders in boys and men is a comprehensive guide to an under reported topic it is an excellent resource for primary care physicians adolescent medicine physicians pediatricians psychologists clinical social workers and any other professional conducting research with or providing clinical care for boys and men with eating disorders it is also an excellent resource for students residents fellows and trainees across various disciplines

Advancing Sexual Consent and Agential Practices in Higher Education 2024-06-03
this book provides an in depth exploration of sexual consent communication and negotiation practices among students and efforts to prevent and respond to sexual coercion and violence within the context of north american higher education institutions delving into the complexities of communication around sexual consent it examines how factors such as identity early learning experiences societal norms and coercive elements influence interactions among young adult postsecondary students it emphasizes the importance of agency in intimate settings and how this is shaped by these factors the methodology employed in this decade long research is innovative and interview based providing a rich narrative from student perspectives these narratives serve to highlight the intricate interplay between individual agency and societal expectations in intimate situations the book also incorporates valuable insights from other experts in the field these contributions serve to contextualize the study s findings within the broader theoretical framework and research on the subject this approach not only enriches the descriptions of the study but also provides a more holistic understanding of the topic as such the book ultimately helps to inform educational policies and professional practices to promote sexual agency and address pressing issues such as sexual coercion violence and assault on campus this volume will appeal to researchers and stakeholders in higher education including educators upper level students professional practitioners and parents in doing so it contributes to the conversation around creating a safer and more respectful environment in higher education institutions

Counselling Skills for Working with Gender Diversity and Identity 2018-03-21

for any student or practitioner needing to gain a sound understanding of the complex fields of gender variance gender identity and gender dysphoria this book provides the ideal starting point for the knowledge and skills that you need emphasising the need for affirmative practice in gender care it provides an overview of the subject areas and process issues which most commonly arise in counselling combining theoretical with practical perspectives it explores the diverse range of identities including masculinity femininity non binary gender dysphoria trans and cisgender it also addresses challenges which many clients experience in their daily lives in the workplace when coming out when transitioning and in intimate relationships the authors highlight the importance of education and reflection to enable good practice they feature case studies vignettes and reflective exercises throughout the text making it a useful tool for professional development as well as suitable as a text for students

Clinical Psychology and Adolescent Girls in a Postfeminist Era 2018-02-02

adolescent girls wellbeing is under threat they face pressure to achieve academically while simultaneously negotiating a life dominated by social media an unrelenting focus on appearance cyberbullying sexual harassment and ready access to pornography characterised by male violence to women the sociocultural environment presents significant risks for girls mental health yet clinical psychology remains largely focused on the individual cultural factors are also overshadowed by postfeminist forces and a renewed emphasis on biological determinants of psychological sex
differences clinical psychology and adolescent girls in a postfeminist era goes back to first principles and revisits the question of the place of nature and nurture in children's development in the light of what we now know about neural plasticity dynamic systems and gender socialisation feminism and its sometimes uncomfortable relationship with psychology is discussed as are the meaning and implications of postfeminism and whether girls have special strengths practice principles and specific ideas for practice with today's girls are all included. Finally there is a complementary chapter on working with adolescent boys. Feminist writings about psychotherapy with women had their heyday some time ago and some see boys as the ones who now need special attention. This book contends that the changing pressures of today's western world call for a renewed interest in specialised practice with girls. Taking account of up to date theories about child development and exploring the idea of expanding clinical practice beyond the individual.

**Handbook of Multicultural Counseling Competencies 2010-08-13**

A thorough and contemporary exploration of issues fundamental to multicultural competency handbook of multicultural counseling competencies draws together an expert group of contributors who provide a wide range of viewpoints and personal experiences to explore the identification and development of specific competencies necessary to work effectively with an increasingly diverse population. Beginning with a foreword by Derald Wing Sue this unique handbook offers a broad comprehensive view of multiculturalism that is inclusive and reflective. The coverage in this important book lies beyond the scope of traditionally defined multiculturalism with discussion of historically overlooked groups that have experienced prejudice and bias because of their size, social class, age, language, disability, or sexual orientation. This book provides readers with practical cases and examples to enhance skill development, promote critical thinking, and increase awareness. A cross-section of diversity characteristics and best practice guidelines examination of detailed developmentally relevant competency categories resources and exercises designed for practitioners at various levels of experience and expertise. A forum for debate, discussion, and growth designed to help readers enhance general multicultural competency and their ability to provide services to the populations specifically described. This thought-provoking text will prove useful in facilitating ongoing dialogues about multicultural competence in all its variations.

**The Masculinity Workbook for Teens 2022-11-01**

Conforming to gender stereotypes is a choice not a requirement. You decide. This timely workbook provides a road map to help you discover what kind of man you want to be as a teen. You may be under intense pressure to conform to society's stereotypes of masculinity. Often referred to as the guy code limiting and unhealthy gender stereotypes and social practices are pervasive even across cultures and research shows that strict adherence to the rules of the code or extreme forms of traditional masculinity such as suppressing your feelings, acting tough, and in control.
objectifying girls and women can lead to emotional issues aggression low self esteem more risk taking misogyny and homophobia and even negative health outcomes like depression and anxiety so how do you navigate these mixed messages this is the workbook you need you ll find fun and engaging activities that will empower you to define what being a guy means to you whatever that is you ll learn all about how our world views masculinity the good the bad and the toxic you ll find tips and tools to help you face difficult thoughts and emotions rather than trying to avoid them and ask for help when you need it most importantly you ll discover that there s no right way to be a guy there s just what s right for you

The Psychology of Women and Gender 2021-01-20

a psychology of women textbook that fully integrates transgender research issues and concerns with clear comprehensive and cutting edge coverage the psychology of women and gender half the human experience delivers an authoritative analysis of classical and up to date research from a feminist psychological viewpoint authors nicole m else quest and janet shibley hyde examine the cultural and biological similarities and differences between genders noting how these characteristics can affect issues of equality students will come away with a strong foundation for understanding the dynamic influences of gender sexual orientation and ethnicity in the context of psychology and society the tenth edition further integrates intersectionality throughout every chapter updates language for more transgender inclusion and incorporates new content from guidelines put forth from the american psychological association

The Oxford Handbook of Individual Differences in Organizational Contexts 2024-01-16

individual differences represent one of the oldest research areas within psychology and serve as the nature component critical for understanding human behaviour this domain s constructs have long been applied in organizational spheres including organizational behaviour organizational psychology managerial psychology personnel psychology leadership and management as a result there exists a vast body of literature exploring the role of individual differences in organizational settings the oxford handbook of individual differences in organizational contexts reviews the individual differences paying attention both to psychological differences e g personality traits dark personality traits intelligence types self monitoring chronic regulatory focus and biological physiological differences e g sex age facial morphology genetic differences neurological differences in doing so it serves two purposes first it aims to help decrease fragmentation in the field and facilitate discussions among different streams of research within this literature secondly it aims to render this literature more accessible to academics and students wishing to deepen their understanding of individual differences comprising twenty six chapters authored by fifty seven esteemed academics this book facilitates readers in comprehending the key findings questions and future research areas of individual differences research in organizational contexts this book can be of interest also to practitioners that need a deep understanding of individual differences such as hr managers and recruiters
The #MeToo Movement in Iran 2023-08-24

the iranian metoo movement was a crucial form of resistance with ordinary iranian women sharing their experiences of sexual harassment and assault in the public sphere of digital media this is the first book of its kind providing a comprehensive analysis of the iranian metoo movement based on archival empirical ethnographic literary and cultural research the contributors discuss the abuse of women and society s responses to it contextualizing the historical framework of iranian metoo activism within larger iranian feminist movements as well as the historical background within the context of middle east the contributors address how the privileged position of men who have been outed as rapists helps them to aggregate social political sexual and economic capital through various networks in order to delegitimize the narratives of survivors the volume also covers the intersections of various systems of oppression specifically highlighting marginalized voices the contributors highlight the power dynamics within digital feminist networks in iran and its unique attributes due to political social and religious structures the volume ends with a chapter focusing on cultural productions specifically cinematic works through which some filmmakers have challenged normalizations of sexual harassment by offering alternative discourses which have arguably paved the way for the metoo in iran movement

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